

THIS VIELS

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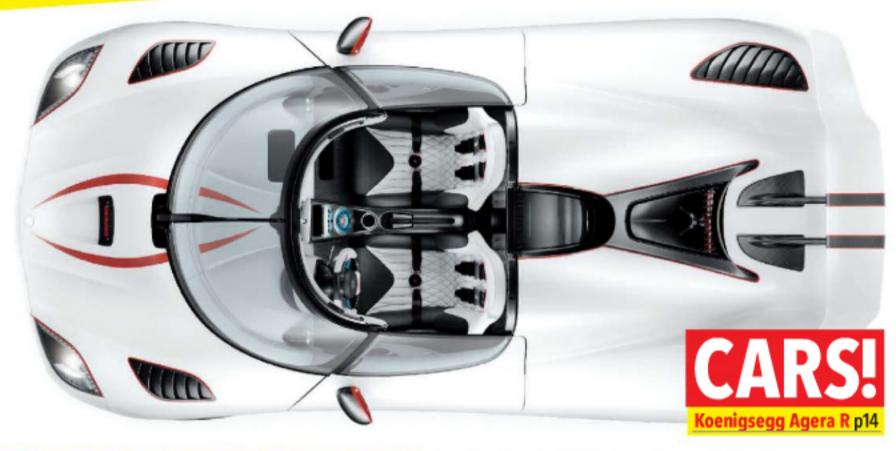
Fashion

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Captain America Captain America First peep at the First producing be Marvel pictures are now busily turning Captain America from comic scrib.

Iron Man films safely under their producing belts, America from comic scribble to summer blockbuster.

Starring wise-cracking lump Chris Evans, Captain America: The First Avenger hits our cinemas (3D and ordinary) in July and is shaping up to be undisputed blockbuster of the summer.

And if this is successful? A proper Avengers movie, featuring Cap'n alongside Iron Man, The Hulk and Thor. Which could possibly be the best movie ever!

WEEDY WAZZOCK...

Meet Steve Rogers, a brave but scrawny streak of p*ss who wants to fight Nazi rotters but just gets laughed out of the recruitment centre.

... TO SUPERHERO

Luckily, Rogers is recruited to "Project Rebirth" - a secret, Super Soldier programme. A quick trip to their special box and he comes out pumped!

12 Nuts

www.downmagaz.com



1,115bhp Swed

Meet the Koenigsegg Agera R – a 275mph hypercar with a roof rack!



- Swedish hypercar Jedis
 Koenigsegg have identified
 a potential problem with
 their 940bhp, 245mph
 Agera they aren't sure if
 it's quite hardcore enough.
 So, being good, honest
 craftsmen, they've built their
 fastest model ever the
 261mph 1,115bhp Agera R!
- Launched in March last year, the original flavour Agera has
- a carbon-fibre and Kevlar bodyshell, with removable hardtop (stowable under-thefront bonnet) and a spaceage carbon and aluminium honeycomb chassis. It reaches 62mph in 3.0 seconds and hits 124mph in only 8.0 secs!
- The R is essentially the same beautiful, two-seater rocket ship, but with enough thrust to bang 62mph in 2.9
- seconds, smash 0-124mph in just 7.0 secs and top out at a very heady 261mph.
- Thanks to the Agera R's remarkable 1,330kg dryweight, it's over half a tonne lighter than Bugatti's Veyron, with a far better power-toweight ratio (1bhp per 1.19kg).
- Thanks to a monster-vented, drilled, carbon-ceramic disc brake in each corner
- (392mm up front, 380mm out back), the Agera R can go from 0-124mph-0 in 12.7 seconds. Impressive!
- Unlike some hypercar makers, Koenigsegg uses a completely custom-made engine, the block of which is made in the UK by the same folks who do Bugatti's Veyron lump. So, it may be a Swedish car, but the core of its heart is British. Nice!





£875,000 Agera but it's more eco-friendly, too. It'll unload 1,115bhp if you run it on E85 ethanol bio fuel, or 1,050bhp on regular super unleaded.

 Koenigsegg likes to encourage its customers to use the cars during winter, hence there being a £7,322 winter wheel/ tyre combo option available.

- A Norwegian customer for one particular car (pictured top left) wanted somewhere to hold his skis, so Koenigsegg made a roof section that incorporates this carbon-fibre Thule roof box for £17,593 extra!
- The Agera R has been tested to 261mph but with its wing shape and special Vortex Generating Rim (VGR) wheels to create extra downforce, Koenigsegg reckons the Agera R could do 275mph. Mind you, the specially developed tyres are "only" rated to 260mph.
- So the total wallet damage? A snip at £1,007,000.





DAN BRIGHTMORE, NUTS

"STYLISH, SEXY AND SERIOUSLY COOL ... A KNOCKOUT"



"KICK-ASS ACTION...
A PURE ADRENALINE RUSH"

ROBBIE COLLIN. NEWS OF THE WORLD



FROM THE DIRECTOR OF 'WATCHMEN' & '300'

12A

NASSOCATIONNIN LEGENDARY PLOTTES A CAUTE AND UNISSOLEHOLOGIN AZAZA SYNDERAN "SUCKE PUNCH" ENLY BROWING ABBIE COHNSH JENA NALUNE NANESSAHOUGERS JAMIE CAUDE CARLA GUGINO USTAH ISAA NTH-JON HANIM AND SCOTT GLENN ARPREMERS MARTIS DE VRES AND I YLER BATES MENARIUS DE VRES ERREMEN MICHAEL WILLINGSON EITE WILLIAM HOY ACE PROBEGGI RICK CARTER ARREMAN LARRY FON FRENCOSETHONNS TOLL MESLEY COLUR JON JASHN. CHRIS DEPARA JAN FONE VALLAM FAY. "THY ZACK SINDER "SPERPAN ZACK SINDER & STEVE SHBUYA. PROMER DEBORAH SINDER "ZACK SINDER" CARRENTOR

SOUTH TOWNSHIP TO SOUTH SOUTH STATE OF SOUTH STATE

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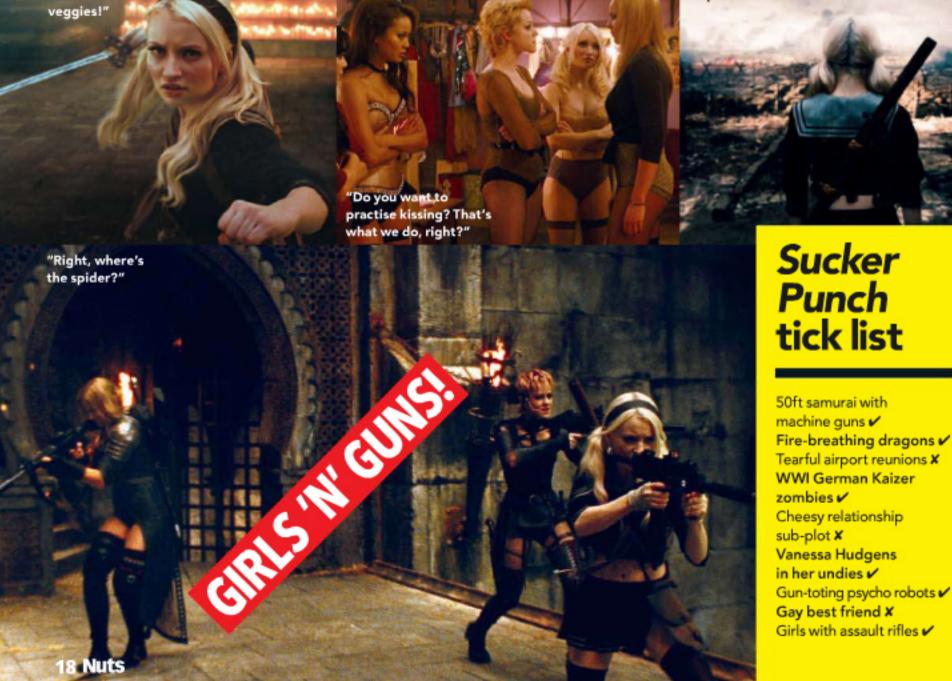
WWW.SUCKER-PUNCH-MOVIE.CO.UK

STATE OF THE PERSON.

IN CINEMAS APRIL 1







LP WINTER HATES FLYOUR FACE











COMBAT DRY WINTER SKIN WITH GILLETTE ENERGISING **MOISTURISER**

Enriched with hydrating ingredients, Gillette Series Energising moisturiser gives your skin protection against the aggressions of winter throughout the day.

notice of the Sample







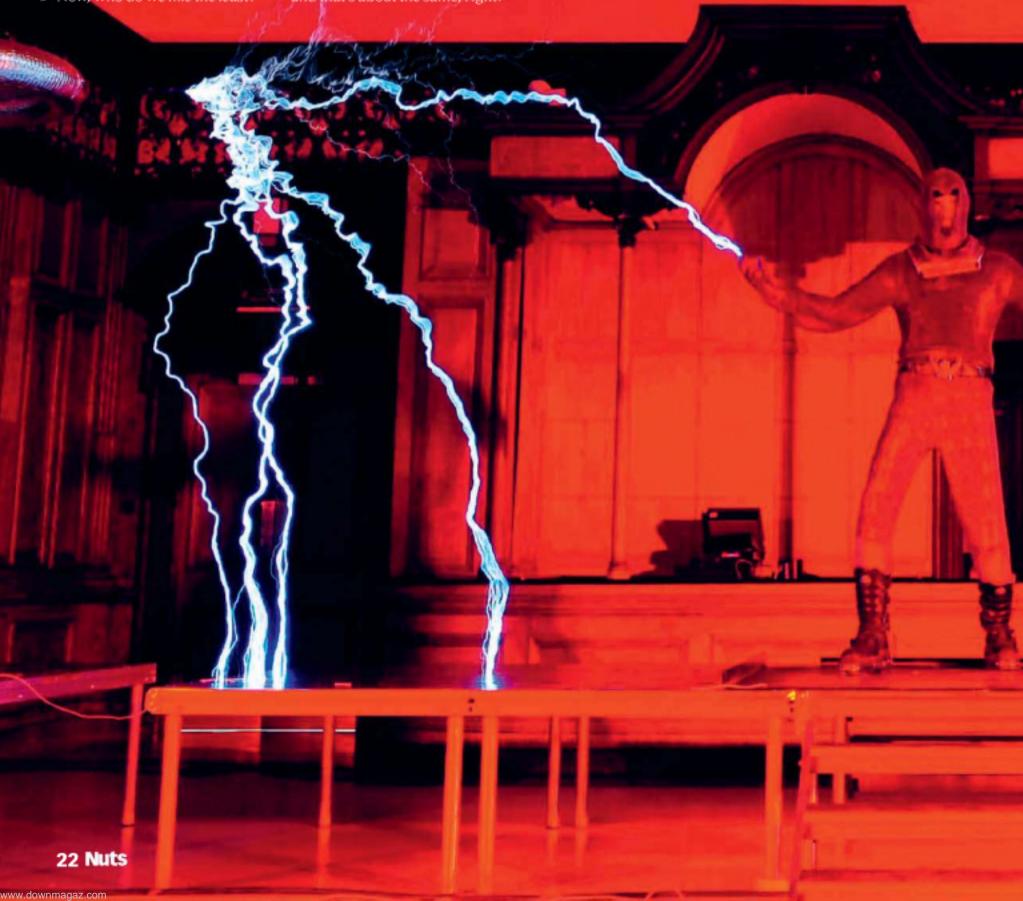




ccording to the boffins at Nasa, a lightning strike offers about 300,000 volts of toasting power. "That's nothing!" thought US art group Arc Attack when trying to come up with an idea to kick off Newcastle Science Fest 2011, "We'll fire a million volts through one of our guys! Now, who do we like the least?"

Step forward Patrick Brown, who donned a metal suit in order to prove that sometimes, really stupid ideas end up looking cool! According to Patrick, the stunt didn't hurt but he forgot to take off his metal ring, which "kinda stung".

We know just how he feels. The door handles at Nuts HQ are always giving us little shocks, and that's about the same, right?





Electric man!

Daredevil volt chap talks to Nuts!

i Patrick! How the heck did you come up with this idea? Well, it wasn't my idea. The Arc Attack performance has been around for a long time, and the concept of the Faraday cage [the metal suit] has been around for a long while, too and individuals such as Dr Megavolt have been doing Faraday suit performances for years. I just sort of add my own twist to an old trick. Did you need to do a lot of research to design the suit? Even though folks have been doing suit performances for a while, there isn't much hard literature to draw upon. The concept itself is simple - cover the outside of the body in a layer of metal. The execution, however, isn't so simpleespecially on a budget. Did the original design need many improvements? I made the original suit top from 16-gauge galvanized links, much like the chainmail medieval knights would have worn. This was effective but cumbersome. The shirt alone weighed nearly 30kg! The trousers were made from bug screen - they were extremely light but also easy to tear. This isn't a desirable trait in safety material! How did you go about making it safer? The answer came while searching the internet for chainmail. I found some butcher gloves made from a light, stainless steel ring mesh. Each link is cut and welded into a fabric. The fabric's flexible and resistant to snags and tears, since it's designed for safety. So how did you get it made? It was simply a matter of finding a commercial vendor willing to produce the mesh to my specifications. The Ring Lord, a chainmail artist from Saskatoon in Canada, came to my aid to create the

chainmail used in my current suit. I simply sewed the various pieces together with magnet wire and made the hood detachable.

What does it feel like when the juice is flowing through? Inside the Faraday suit, I actually don't feel anything. I'm totally isolated from the electricity. It's certainly very loud and I feel some displacement of air from the sound pressure waves created by the spark. I don't even get a sense of heat while inside the chainmail though. Has the performance ever gone wrong? So far, we have a perfect safety record. This is our number one goal safety for performers and audience participants. We take extra care with thorough safety inspections of the Faraday suits and other gear before each performance, and so far, no mishaps. Out of interest, if you weren't wearing the suit, what would a million volts do to a human body? Death by a Tesla coil in this way

Do you ever get the feeling that half the crowd are only watching in the hope that something goes wrong? There's certainly that human

would be a horrible thing!

What would happen is the

spark would burn through

the flesh, sort of like what

Emperor Palpatine did to

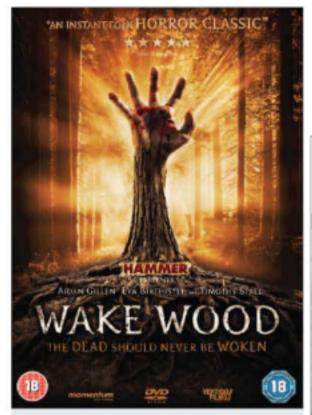
Luke Skywalker!

element of danger to the performance. I don't think it's possible to watch this portion of the performance without some sort of morbid curiosity as to what may happen in the event of a catastrophic failure of the suit. Heck, I'm kind of curious myself – I'd certainly watch a video of it!

Thanks, Patrick! Finally, does it help you pick up girls? Somehow, the Faraday suit isn't the chick magnet that I'd hoped it would be!



sofa so good



£9.99

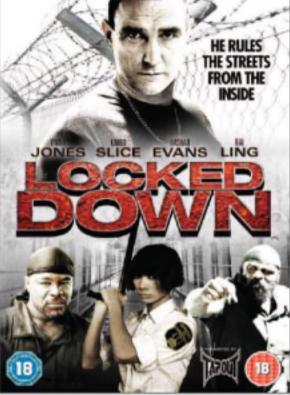
DVD out now

Hammer Pictures are back at their very best with Wake Wood. After a savage dog kills their young daughter, her parents are granted one last opportunity to spend time with her. However, with sinister forces at work, they soon discover that the dead should never be woken...







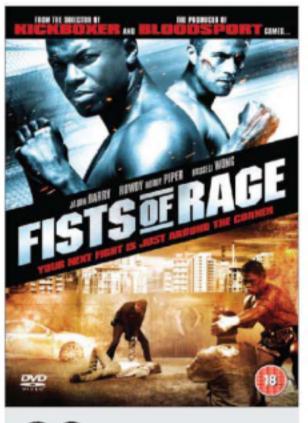


£9.99

DVD out now

Vinnie Jones and MMA legends Kimbo Slice and Rashad Evans star in this hard hitting cop drama where the inmates literally have to fight to stay alive

also available on Blu-ray



£9.99

DVD out now

From the director of Kickboxer and the producer of Bloodsport comes another instalment of hardcore brawling brutality in Fists Of Rage, with WWE legend 'Rowdy' Roddy Piper



THE Nuts LIP-READER!

When he watches a match, he sees every word! John Cassidy is a real lip-reading expert. And an FA coach!





SUNDERLAND VS LIVERPOOL Stadium Of Light, Sun 20 March, 2.02pm The Black Cats boss is angry at Liverpool's dodgy penalty.



SUNDERLAND VS LIVERPOOL 2.39pm The Sunderland centreback unsuccessfully tries to argue against his second-half booking.



BLACKBURN VS BLACKPOOL Ewood Park, Sat 19 March,

4.47pm The Blackpool forward goes potty after a hefty clattering.

EVERTON VS FULHAM Goodison Park, Sat 19 March, 4.04pm The Fulham duo debate a decision given against Dickson Etuhu.

POTTY-MOUTH OF THE WEEK!



ASTON VILLA VS WOLVES Villa Park, Sat 19 March, 3.20pm The Wolves sub has a pop at the linesman after a goal is ruled out.

Pictures for the stronger stomach!

Send your injuries to dontlook@ipcmedia.com



Building site turns bloody for unluckly bloke!

orking with your son could lead to a beautiful friendship, or it could end with a destroyed digit, as it did for Matthew Lynes from Bristol! Builder Matthew, 42, tells Nuts, "I was putting up some fencing with my son, Blu. I was

stood on one side holding the fence post, and he was over on the other side with the panel and the nail gun. I told him to fire the nail in two feet up, but his two feet ended up being more like three-and-a-half, and the nail came straight through the panel and into my finger!

"The nail went clean through so there wasn't much blood, but it hurt like f**k!

"At the hospital, the nurse couldn't get purchase on the nail, so I pulled it out myself!

"The finger's fine now, but I've had to give my lad a few lessons on how big a foot is!"



Think you can do better? Here's your chance. The best "Don't Look!" picture published in 2011 will win £1,000 in cash!* Submit your images and contact details to dontlook@ipcmedia.com

Ozaki Nautilus

www.audioout.co.uk

Nuts says: USB to your PC and it'll sync and charge. But unplug it and it uses acoustic amplification technology to boost the sound of your iPod. With no electrickery whatsoever! Looks good, too.



Free-floating tweeters deliver sound in all directions

> It acoustically amplifies incoming oice by 15dB



Philips Fidelio speakers www.philips.co.uk

Nuts says: Beautiful speaker set combines a dock for your iPod, or streams via Apple's Airplay system. Either way - music, iPod, speakers, no wires at all.



£150

WESC Bassoon headphones

Nuts says: Awesome DJ headphones designed in Sweden. Boast 40mm titanium drivers, plus you can swap a straight cord (for bus) for a screw cord (DJing).



www.packardbell.co.uk

Nuts says: Handsome 17.3in lappy featuring a "social networks key" - a one-touch Facebook/ Twitter/YouTube launcher.





Check out more reviews at

Nuts 27

YOURLETTE

Sackloads of silliness from the minds of our readers!

Send your Letters to nutsletters @

Floor 69, please

Dear Nuts,

I found this sign in the Bird's Nest Stadium in Beijing. It gives a new meaning to the phrase "Going down?"

Martin Legg, Nuneaton

There's a Love Elevator in the Nuts office. That's why we all have to take the stairs.



Privates on parade

Dear Nuts,

These lovely fellas pictured here are my husband (second from the right), and his colleagues, who are currently serving in Afghanistan and due to come

The whacks museum!

Dear Nuts,
I enjoyed the letter from
David Kirkland making
good use of Madam
Tussauds' waxwork
models in Las Vegas.
I visited the same place
on my honeymoon
recently and took the
chance to give Jessica
here a good spanking!

Kris Wilson, Belfast And she looks very happy about it, too!

home very soon. Would you kindly publish this pic in your magazine to give them a nice welcome back?

Gemma Embleton, via email

No problem, Gemma. Welcome back to our heady shores, gents! Oh, and to the bloke on the left in the leopard skin thong – that, sir, is cheating!





Rex in effect

Dear Nuts,

Here's our attack dog Rex chilling out before a patrol with his copy of *Nuts* in Afghanistan! Any chance of some doggie treats and maybe some human treats, too?

LCpl Jones, Camp Souter, Afghanistan

We can send you some mags and some Nation's Noodles, Lance-Corporal, but Rex ain't having our biscuits. Sorry!



It's a wrap

Dear Nuts.

This is what we did to one of the girls in our shared house while she was out. She was being annoying so we Christmaswrapped her shower!

Charles Maslin, via email

Well, if she was looking on the bright side, she could think of it as an extra present!







ocmedia.com or to the address on p72

Tevez, you've found a home!

Dear Nuts,

I took this picture on a recent holiday in Thailand. They welcomed us with open arms! Dave Kelsall, Stafford

Funnily enough, Dave, this is where the Nuts team spends its team-bonding holidays!



Win Durex stuff!

Send your letters, hilarious spam pictures and camera phone cutie shots to:

nutsletters@ipcmedia.com
or post them to the address on page 72. The sender of this week's best letter* will win fantastic goody bags from our friends at Durex, containing a year's supply of Durex condoms, plus various other items to keep both yourself and your missus happy.
Visit www.durex.co.uk
for more information.





Send us your pics! Text 'Nuts' and your sexy cameraphone pic to 0771 388 8008*

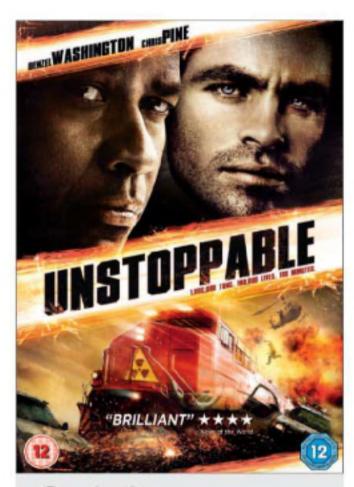


"Me at my

boobiest!"

Jess, Newquay

the clock is ticking



£12.99

DVD out now

Veteran train engineer (Denzel Washington) and young conductor (Chris Pine) race against the clock to stop an unmanned runaway train

Bombastic, awesome, it's Tony Scott back on his game - **Total Film**

also available on Blu-ray



shop



hmv.com





Bursting with all the best gags, every week!

Send your jokes to nutsjokes@ipcme

Q: What's better than roses on my piano?
A: Tulips on my organ!

Tim Warburton, via email

Q: Why did the farmer win a Nobel Prize? A: Because he was out standing in his field!

Steve, via email

Q: What's the difference between light and hard?
A: It's easier to fall asleep with a light on!

Rich Morris,

Milton Keynes

Q: What did the egg say to the boiling water?
A: It's going to take a

while for me to get hard I just got laid by a chick!

Dave, Torquay

Q: How does a blind skydiver know he's about to hit the ground?

A: The lead goes slack!

A bum wrap

I persuaded my girlfriend to smuggle my coke through customs by sticking it up her backside.
I didn't know I could just buy another can in the departure lounge.

Tom, Newcastle



Facebook faux pas

In hindsight, I probably should have posted my Facebook status as, "Great! I've blown the head gasket on my 1997 Ford!" rather than just putting, "Great start to the day, I've f**ked a 14-year-old Escort!"

Still, a few hours at the police station made a nice change to the weekend.

Wes Champ, via email



Lewd listening

This woman came into my shop earlier on the phone and I could just about hear that she was whispering about the amazing sex she'd had.

She picked up a magazine and started flicking through it.

I shouted over, "Hey, this isn't a library!"

"I know," she replied, covering her phone. "I was planning to buy it!"

"That's fine," I said.
"I just mean you don't
have to talk so quietly!"
Mike, via email



Nerd alert

Two engineering students were walking across campus when one said, "Where did you get such a great bike?"

The second engineer replied, "Well, I was walking through the campus, minding my own business, when a beautiful woman rode up to me on this very bike. She threw the bike to the ground, took off all her clothes and said, "Take what you want!"

The first engineer nodded approvingly. "Good choice," he said.

Win a PS3 & Machete!

The sender of this week's funniest joke* will win a PS3 and a copy of the all-action gore-fest Machete, which is out on Blu-ray and DVD on 28 March, courtesy of Sony Pictures Home Entertainment.





*EDITOR'S DECISION IS FINAL TERMS AND CONDITIONS ON PAGE 72 APPLY SEND YOUR JOKES TO NUTSJOKESRIPCMEDIA, COM OR TO THE ADDRESS O

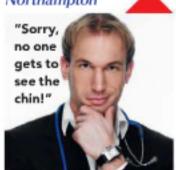
dia.com or to the address on p72

"The clothes probably wouldn't have fit." Vanessa, via email

Brave man

It took a lot of balls for me to go on the Channel 4 show Embarrassing Bodies. Three, actually.

Chris, Northampton





FAMOUS BLOKES' JOHNSON JOHNS

FRANKIE BOYLE

"I live in a flat with three women. I call it surround sound. I keep the ugly one behind the sofa as a woofer"

TIM VINE

"Apparently, one in five people in the world are Chinese. And there are five people in my family, so it must be one of them. It's either my mum or my dad, my older brother Colin or my younger brother Ho-Chan-Chu. I think it's Colin!"

RHOD GILBERT

"When I was in prison, I played football for the stalkers. When one of us would go for the ball, we'd all go. There was no one looking for space!"





Out now on DVD at







MEGAN 21, from Bolton
"I could've been in trouble if any policemen had seen me!"



Email your pictures to nutspopout@ipcmedia.com

SOPHIE 19, from York
"I wobbled a little bit but I managed to stay on the swing!"



CASEY 19, from Buckinghamshire "I couldn't be any more naked here if I tried!"



JANINE 24, from Preston
"I decided to strip off on a walk. I love getting back to nature!"

Seen something daft? Snap it, send it in and win £100!



"'Wood' you believe the size of the growth I found on my firewood?" Chris, Bristol



"Absolutely brilliant value – only £73.50 more expensive!" Anon, via text





living room. It didn't cost me

anything!" Richard D, Grimsby



"We reckon this is the biggest dobber that's ever been drawn!" Anon, via text



Text 'Nuts' and your picture to 0771 388 8008 (texts are free but standard network charges apply*). Pic Of The Week wins £100 cash!** Terms & conditions on page 72.





"Look what I found in my cupboard – it's Charlie Sheen!" AJ Knott, Plymouth



"This sounds like the title of a porn film doesn't it?" Anon, via text





EMMA FRAIN & LINDSEY STRUTT

and Strutters was sitting in between my legs facing me, so the camera couldn't see her face, and she was pulling stupid faces at me while I was trying to be serious! I just couldn't do it and I kept getting shouted at! You got me in trouble, Strutter! Yeah, but look at the results! Emma: I like this look actually. It's very grown-up. The oil got all over me, though! I had to have my make-up redone twice because the oil made it run. It was in my hair and I spilled half a bottle over Lindsey's boobs! Lindsey: You loved it! You told me you love a bit of oil! Cripes! What sexy underwear do you put on if you think you're going to get lucky? Emma: If I knew I was going to get some action, I'd plan it out in advance. I'd make sure I looked good, then put on something special, maybe a nice cleavageboosting bra and some little knickers. I like to make an effort! Lindsey: Well, I'm just dead spontaneous, so I don't even

plan. If I was going to, I'd probably just go for something sexy, black and small! What was the last thing that really wound you up? Lindsey: Oh God, that's a tough one! Some things make me a bit angry and some things make me flip, but it's got to be something serious! I can't think of the last time, to be honest. It was probably something to do with a boy, though! Emma: I honestly can't remember the last time I got really angry. I agree with Strutters, though - I expect it was something to do with a lad. Why do you lot wind us up? Sorry! Would you rather be naked on a motorbike or naked in a convertible car? Lindsey: In a convertible car. It's a bit more comfortable and you

might be a bit warmer than if

you were on a bike! I haven't

been naked in a convertible

yet, but I'll never say never!

Emma: I'd rather be naked on

a motorbike! But only if they









closed the road or something, so no one could see me. I'd get quite embarrassed! I love being naked but maybe not in public! What was the last sexy thought you had?

Lindsey: It was probably about Danny out of The Script! Well, that and seeing Emma's naked oiled-up body about two feet away from me. That was hot! Emma: Cheers, Strutters! Mine was this morning actually. I just woke up feeling horny! I don't remember having had any rude dreams but maybe I had one subconsciously and then forgot, and that's why I woke up in the mood for it - it was the perfect preparation for a Nuts shoot! Is it better to be serious or jokey in the bedroom?

Emma: It depends on the time and the mood! Sometimes in the past, when I've been having sex, I've become a little bit stupid and my boyfriend at the time didn't like it. It kind of turned him off! Lindsey: There's a time and a place for both. It's good to have a laugh if something funny goes on but if you're getting down to it, you should take it seriously!

What would happen if you two got stuck on a desert island?

Emma: I'd love that! Just sitting there sunbathing all day! We'd let Nuts come and take pictures once a month but we wouldn't want to be rescued! That said, what would we do for food? Lindsey: We wouldn't try to eat each other or anything. We'd probably just sit there naked, getting a suntan, catching fish and making food! Then we'd try to find a coconut and make coconut drinks. I reckon we'd love it. We'd be in our element! Thanks for the chat, girls! Finally, what are your favourite things about being in Nuts? Lindsey: It's fun to work for and we have a laugh! We just have such a good time. It's not exactly a normal job, is it? I like looking at the issues that I'm in, but I always have to send someone else down the shops to buy it in case people think I'm a weirdo! Emma: I just like looking at sexy girls, so to be able to come along and see them is amazing! And if it hadn't been for Nuts, I might never have met Strutters and that would make me sad!■





The top comic on his pants, his mum and robots vs dogs!

sold out your two biggest ever gigs at the O2 in London.

Was it scary? Yeah! It was an excellent remedy for any form of constipation! The whole tour's been good fun. Nowhere's been boring. I've just been travelling around, eating a lot of Nando's and doing a lot of gigs.

i Russell! You recently

You've got an armchair on stage but you spend most of the time jumping around. Are you going to be annoying if we invite you over to watch the footy or a DVD? I am a bit fidgety, yes. It's interesting you noticed because my girlfriend says that a lot as well. We should never go out, you and me.

Maybe you have ants in your pants. Have you checked? My pants are absolutely fine. I don't have thrush or anything like that. I've just got a lot of energy! You like to joke that your mum's a bit eccentric. How would you like it if your mum went on tour and told embarrassing stories from when you were a teenager and handed around your baby photos? I'd love it! In fact, she should do that at the Edinburgh festival. She'd be far better than me. She's come to quite a few of the gigs, my mum, which is pretty cool. She was on stage on the O2 before anyone was there, pretending to be Lady Gaga. How about your prankster brother? Ever worry he's going

How about your prankster brother? Ever worry he's going to pull the ultimate prank to get you back for everything you say about him? Nah. I said he was in the crowd in Newcastle and somebody said, "Get him on stage for an arm-wrestle!" So he came on stage in front of 6,000 people and beat me. It doesn't matter how well the gig's gone, you're suddenly the tw"t who's been beaten by his little brother. He went out on the razz in Newcastle and people

were coming up and going,

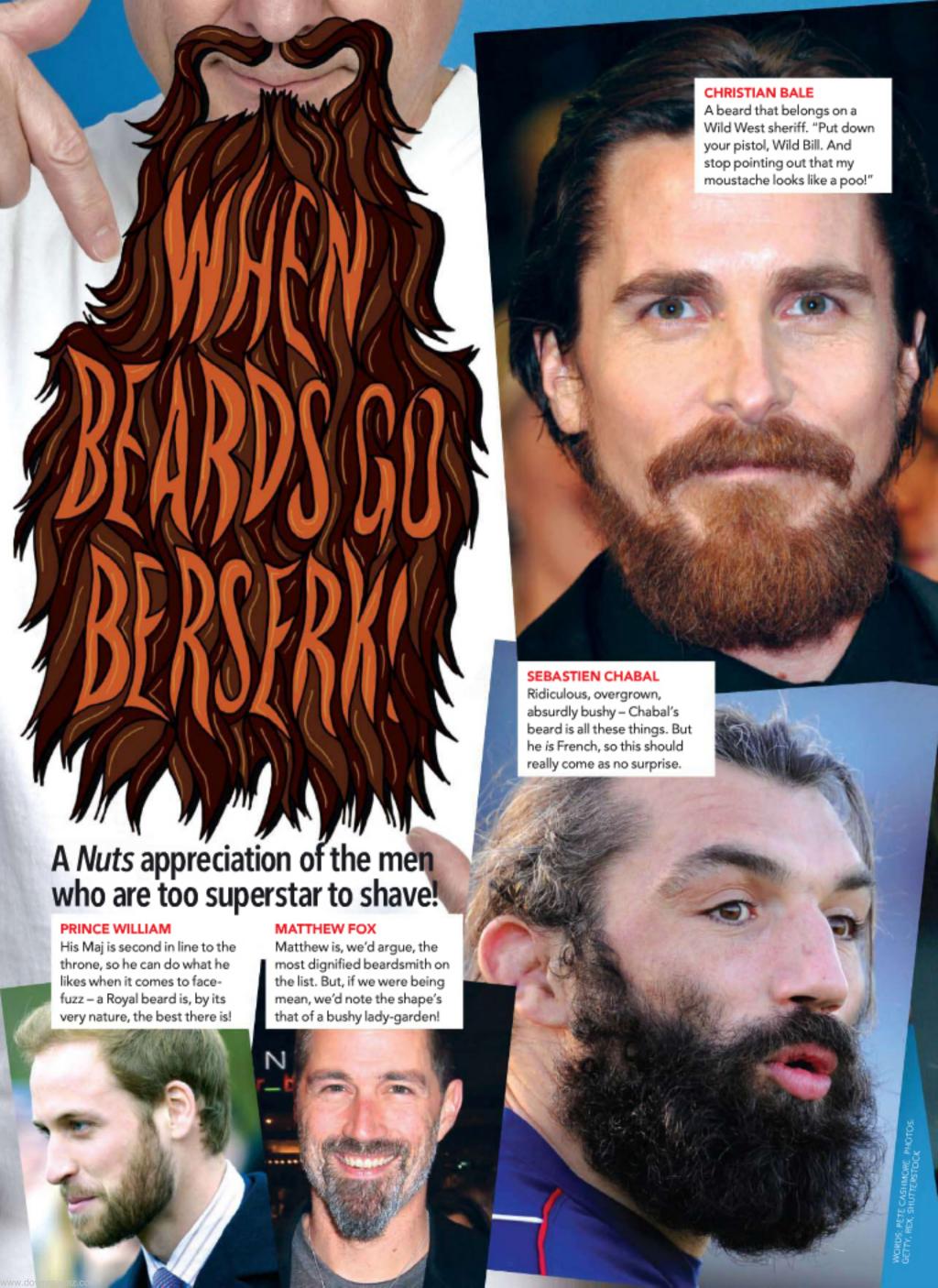
"Hey, you're Russell Howard's brother, good work with the arm-wrestle!" He was getting free shots and got into the hotel at half four. So I think he does all right out of me!

"My brother arm-wrestled me in front of 6,000 people!"

Good News is back on telly!
Are you ever worried there'll
be no news and so you'll have
nothing to talk about? No. It's
fine. We'd do something about
what they'd fill it with. They're
very good at filling on News
24. I refer you to the Downing
Street cat. A whole news report
was given over to the fact that
Downing Street has a new cat.
Egypt was in turmoil, Libya was
about to go on its arse and we
were there going [does posh

British voice], "Britain's got a new cat to deal with the rat problem." There's always news. Good News is the most watched studio show on BBC3. Are you pleased you attract more viewers than Dog Borstal and Sex... With Mum And Dad? Exactly! I'm amazed we've beaten Dog Borstal. If I were in charge of BBC3, I'd give shows to all my mates from the circuit. If I was forced to do more programmes of that ilk, I'd do something involving dogs and robots. You own a robot and it's got to go out and kill a dog. A sort of cross between Robot Wars and Crufts? Exactly! Last year, you cycled from John O'Groats to Land's End to raise money for Comic Relief, but this year you didn't bother. Lazy? No! I was offered the 24 Hour Panel People show with David Walliams but I couldn't because of my tour. Tell you what, I'll donate some money instead. Sounds less exhausting! How come you support Liverpool? You're from Bristol! Yeah, I know. My dad wasn't really into football so I had to pick a team and Liverpool were the best when I was ten. I got asked to go to their training ground the other day. There was talk of me being allowed to watch them train but I had to turn it down because if I was Steven Gerrard and I saw me behind the goal, it'd totally put me off! Thanks, Russell! Finally, how's Archie your dog? He's very well. He's currently with my girlfriend. I spend so much time away that when I come back, I have to get him little treats. He's a spoilt little bum, to be honest. Why don't you take him on tour with you? My girlfriend wants me to do that but no, he'd go mental. He'd sh"t himself on stage. It just wouldn't be funny. Or maybe it'd end up being really funny and I wouldn't be able to follow it. A little dog runs around chasing its tail, then does a sh*t. If the audience go crazy for that, I'm not going to be able to top it!

Russell Howard's Good News is on BBC3, Thursdays at 10.30pm









Internet feuds spill over into street battles!



Thugs orchestrate street operations online!



Police track crims on social networking sites!

Gangs on Twitter!

The US hoodlums plotting turf wars using social media – and the cops trying to catch them!

or most of us, Facebook is a way of keeping in touch with what our friends are up to and maybe tagging embarrassing photos of them enjoying a refreshing beverage or two. And Twitter is a way of keeping in touch with what our favourite sports stars and celebrities are up to. But for the street gangs of New York and Los Angeles, social networking sites are proving to be channels through which crimes can be planned and turf wars instigated - but also, crucially, through which the self-same criminal gangs are caught out by their own online bluster.

#Guns And Violence

Many US street gangs are composed almost entirely of young people in their mid-teens – people who traditionally text, tweet, poke, post, share and generally show off. As Captain Walt Myer, director of the Riverside County regional gang task force in California, tells Nuts, "The activity of the gangs mirrors general society. When any new technology comes along, they're going to use it."

In New York, gang tweeting has already led to violence and the coordination of some brutal confrontations. Back in autumn 2009, a member of the Original Young Gangsters crew from Harlem was shot in the leg in the street because of a war of words he'd instigated with a rival gang on Twitter.

These violent incidents can stem from a single, deliberately provocative tweet – once the original diss starts to snowball and other gang members get whipped up into a rage, there's no telling where it all might end. As Li'l V, a 15-year-old member of the New York gang New Dons puts it, Twitter is useful for "settin' up the fights" and the forming of other plans.

But it's not just the gangs who are eyeballing other gangs with interest. The Harlembased Perfect Peace Unity Youth Outreach program is a community organisation that keeps an eye on the activity of 4,000 teenagers caught up in gang life. In November 2009, the volunteers who work for the program were able to monitor the tweets of three local gangs to discern that two youths were in danger of being hurt, then send out peace-makers to "squash the beef" before the guns came out. A flashpoint that started on Twitter, snuffed out - thanks to Twitter.

Follow





#Facebook Criminals

Police may not be able to prevent crimes using Twitter, but they're finding it can prove a useful resource in cleaning it up afterwards. "[Twitter] is another tool, just like old phone records," a New York police source tells Nuts. "We can go through [the messages] to track these guys." This is exactly how they recently caught some members of the infamous 2 Mafia Family from Harlem who were using Twitter to discuss business.

Gang members have an unfortunate inability to censor themselves when it comes to both threatening their enemies and boasting.

In San Francisco last year, a small tweet-storm erupted when a drug-dealing gang member was released from jail early, leading his fellow gang-bangers to believe he'd turned police informant. And so the tweet went out, "This guy is a snitch." Investigators who'd been monitoring the gang for months were able to simply sit back and watch the incriminating tweets roll in. As a result, three other gang members were arrested.

"The activity of the gangs mirrors society in general"





'Once the cops get into a Facebook group, they have a rolling commentary"

In another California gang case, much of the investigators' information came from trawling messages posted to Facebook.

"Once you get into a Facebook group, it's relatively easy. You have a rolling commentary," says Dean Johnston of the California Bureau Of Narcotics Enforcement.

"They talk too much," says LA County Sheriff's Deputy David Anguiano. "You want the fame, so you've got to go out there and talk about it - and your mouth gets you in trouble."

LA gangs are social media junkies, boasting of their prowess and goading their opponents on Facebook groups set up for the Crips, the Bloods, MS-13 and other gangs. These Facebook groups are awash with gang signs, members posing with firearms and, in the case of some pages dedicated to the particularly brutal MS-13, video montages of murder victims from rival gangs. All of this can help prosecutors prove that a suspect is a gangster with such ease that it seems baffling

to an outsider exactly what the magnetic pull of the internet is to people who presumably have no desire to be sent to jail.

"Prosecutors will say, 'Here's you throwing gang signs, here's you with known gang members, and here's you holding up a weapon you claim never to have seen before," says Dallas lawyer and social media expert John Browning. A case of guilt by Facebook update.

However, any gang member wishing to forego their tweets and wall posts might want to consider the case of suspected armed robber Rodney Bradford. In 2009, the Brooklyn teenager was looking at 25 years in jail and indeed spent 12 days in New York's notorious Rikers Island prison after his arrest - until it was pointed out that he'd posted a message on Facebook demanding a pancake breakfast from his girlfriend one minute before the robbery took place. As a result, the charges were dropped and, on this occasion, it was the supposed criminal youth who had the last LOL.













JESSICA-JANE CLEMENT

i JJC! What's the worst present you've ever received? I once got Donnie Darko on DVD! I'd heard of it but I'd never go out of my way to watch it! Luckily, it was a Christmas present, so the person wasn't there when I opened it! I couldn't get my head around it at all! Got any outrageous new tattoos planned? I haven't had any new ink for about a year, but I have something up my sleeve! Maybe I'll get it in the summer. The tattoo, I mean! Ha-ha! Would you ever get any on your face or neck? I'd get eyeliner tattooed, or my eyebrows done, yeah. I have a little tat on the back of my neck already. What's on your iPod right now? I have that American Anthems album and loads of '90s pop! Peter Andre; Vengaboys; Backstreet Boys and, of course, Macarena – a classic! Who was the last person that really annoyed you? Some jobsworth at Brighton Station who insisted on thoroughly checking all my tickets when my train was leaving in two minutes. The more angry I got, the more time he took telling me to calm down! He was like a seatbelt - the harder you tug it, the more it locks up and the more annoyed you get! When was the last time you did something that surprised you about yourself? I surprise myself when the "fight or flight" mode sets in, because I obviously don't understand the "flight" part! Too much adrenaline isn't good for me. I'm such a laid-back, happy person but when I turn, I'm like a woman scorned! What type of girlfriend are you? I always make sure I've got nice hair, nails, tan and perfume. I think it's important to make an effort for your man. I'm happy to spend all day doing nothing with the one I love. Fancy restaurants and parties are good for a treat, but you need a bond that can survive without the champagne veneer. When was the last time you had a wild night out? My birthday! My three best friends all have birthdays within four days of -



mine, so it's always full-on.
Friday and Saturday were fun,
but Sunday was the mental one.
It's always the nights you don't
plan that turn crazy!
If we came to yours for a party,
what could we expect? A drink

what could we expect? A drink handed to you as soon as you walk in and more drinks in your hand until the moment you walk out! Lots of yummy nibbles and probably a trip to the local to break up the night, too. I like variation. A YouTube session always sneaks its way in to check out the funny videos as well!

Are you a good cook? I am!

I love cooking for someone.
I love feeding and watering people. I'm very much into vegetables and anything with my home-made tomato sauce and chopped basil is a winner.

Have you ever been to a nudist

beach? Yes, but I didn't realise for a while! I wasn't really paying attention. It was full of more mature people, so there were plenty of fur bikinis, if you know what I mean – that's probably why I didn't notice!

Who do you really admire at the minute? I'm following "Little Buddha" on Twitter! I admire all the things he tweets, the kind of stuff that immediately lifts a great weight off your shoulders! My Twitter name is @KissJessicaJane – come follow me, I love having a bit of banter with people on there.

When was the last time you told a fib and what was it? I tell little white lies just to keep naggers off my back. I'll say I've done something when I'm just about to do it, to avoid the whole "You haven't done it yet?" scenario!

When was the last time you did something you wish you hadn't? I had one last vodka and Coke in Brighton the other night and it sent me over the edge! I was doing well up to that point. I woke up with bruises all over my legs and a half-eaten pizza in front of me. Not good!

After seeing you on The Real Hustle, do people try to hustle you on a regular basis? Not so much hustle me but I get a lot of men telling me they could never be hustled! Funnily enough, they're the perfect people to hustle. They're so cocky and













Maddest relegatio

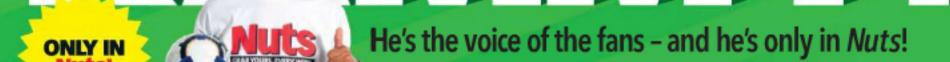




n battle ever. Robbie Savage on the teams trying to beat the drop! SAV!



"Can we go home early please, boss?"



Capello got it right with Terry-in the end!

here have been many messes for the England team under Fabio Capello and the issue of the captaincy being handed back to John Terry was yet another. I think Capello made the correct decision in the end but the way Rio Ferdinand and Steven Gerrard were treated was absolutely appalling.

AUXHAL

Capello should have called a meeting with them, told them

Capello can't communicate with his team!"

his intentions and thanked them both for the exemplary way they'd taken on the role. As usual though, Capello muddled his way through it, involving the press, contradictory words from his backroom staff and the FA, and nobody had a clue exactly what was going on until the middle of last week when Terry gave a press conference to announce how proud he was to be captain again.

Fabio Capello continues to show that he simply can't communicate with the players, and has no real understanding of just how important the title of England captain is. Terry is undoubtedly an excellent skipper, both for Chelsea and his country, so I'm quite happy that he's been reinstated. It means a lot to him and, to be fair, the reasons he was removed from the role weren't related to football.

XHALL

The situation with Wayne Bridge seems to be in the past now and both players seem to be getting on with their football, especially Bridge who has been very good since joining West Ham in January.

My problem with Capello is that he seems to have been forgiven for the absolute disaster of the World Cup campaign last year, yet seems to have learnt very few, if any, of the lessons it brought up.

You only have to look at the way he handled the retirement of David Beckham from the squad by telling him in the middle of a television interview and then having to make a panicked phone call to explain the situation to Becks.

Nothing I've seen to do with England since then – especially this ridiculous pantomime over who gets to wear the captain's armband – has shown me that he's the right person to lead the nation forward. For me, the sooner Capello goes, the better!



The second coming of Jose Ithink Jose Mourinho will be the

I think Jose Mourinho will be the next manager of Man City. The Portuguese genius gave notice last week of his intention to come back to England in the near future and after the poor season Roberto Mancini's had at Eastlands, with only the FA Cup left to play for, I think Mourinho knows something we don't. I expect him to be in charge of Man City come August.





Kammy needs you!

Send your jokes, pics etc to kammy@ipcmedia.com. The sender of the best each week will win a signed Nuts T-shirt!



Merse's Premier

League flops.



Why are so many big names wobbling?



WAYNE ROONEY

"I think a lot of Wayne's problems have to do with some of the stuff in his personal life. I used football as a refuge from my problems but everyone's different, so you might say Rooney lost some of the 'devil' that made him so good. I think this boy is a real gem, so I wouldn't write him off!"

WOBBLE RATING





DIDIER DROGBA

"Chelsea say he's been recovering from malaria, but I suspect it's something more basic. Drogba's at his best when he's felt loved and at the focal point of everything, but he's been rested – and even dropped this season. He just needs an arm round him and to be told he's still Mr Chelsea!"

WOBBLE RATING











JOE COLE

"I had big hopes for Joe at Anfield. He's a terrific player with a good attitude, but it's gone from bad to worse since getting sent off on his debut, and injury's made him a shadow of the player he once was! You have to wonder if he'll ever be a force in the Premier League again. I hope so!"

RATING













Nuts Poker School

This week: choosing the game for you! 1. Sit & Go

A Sit & Go is a one-table tournament with anything from two to ten players. It's perfect for new players – you get a lot of play for a small buy-in and there's a good chance of getting a prize.

To win at Sit & Go, play tight in the early game and try to make sure you're still around for the later stages when the blinds get high and some players have been eliminated. At this point, it's vital to start playing very aggressively, raising lots of pots to steal blinds and going all-in with rubbish hands against players you think are clinging on. Sit & Go is hugely exciting and perfect if you like a bit of adrenaline at the table!

2. Multi-table tournaments

Multi-table tournaments (MTTs) are similar to Sit & Go but have loads more players. As players are eliminated, tables break up until you're eventually left with one final table and then a winner. MTTs are the best way to win big money, even from small buy-ins.

If you can accumulate chips early, it'll give you a huge advantage, as the blinds get big later on. Play your big pairs aggressively and look to flop a set cheaply with hands like 2-2 and 3-3 that can easily double you up. As you get deeper in, concentrate on getting more chips that could take you to the final table – that's where the big money is.

f you're new to online poker it can be tough knowing where to start. Chances are you've watched a bit of no-limit Texas hold'em or had a punt at it online. On PKR there are three types of hold'em to choose from. Here's the lowdown to each from Team PKR Pro, Scott Shelley, to help you choose which game suits you best - and your wallet!



3.Cash games

In a cash game, each player buys in for any amount they want (up to 100 big blinds) and each hand is played for real money, with the blinds staying the same. Unlike a tournament you can buy back in if you lose all your chips.

Avoid the urge to bluff as you'll be called a lot more in this type of game. Focus on making big hands and betting strongly. For experienced players, cash games are the most consistent way to make money, but be careful – the money can get serious really quickly! You've been warned!





Sign up to Nuts poker to claim your \$800 welcome bonus! Visit www.pkr.com/nuts and register today!



NUTS ABOUT SPORT!

Funny goings-on in the wonderful world of sport! Send pics, chants etc to tim_bradley@ipcmedia.com



This is an absolute cruncher from the recent rugby league game between Wigan Warriors and Hull but what we want to know is, why is Paul Scholes getting involved? He can't even tackle in football!



 Over in Kyrgyzstan, goat-throwing is considered the national sport and these men are chucking a goat carcass about while on horseback, trying to get it in their opponent's "goal". Words fail us!



Spare a thought for South Korea's Hwang Hyun-Sun here. Not only is he not very good at short-track speed-skating but, as you can see from this pic, now all his mates will see him looking like a Benny!



If you're an Italian rugby fan, chances are you have to make your own entertainment to stop yourself from getting bored. Well this particular fan decided to make his hair and beard look stupid!



Fair enough, Valentino Rossi. Even if we were as good as you at riding motorbikes, we still wouldn't be able to turn a blind eye when faced with a lady like that in her undercrackers!









i Big Sam. What was your first car? A 1963 Ford Cortina Mark 3. I bought it using my hard-earned cash from when I first started playing at the age of 15, while I was earning £125 a week.

What's your earliest sporting memory? Scoring a header for my junior school team when we won the cup. Also, watching Wolves for the first time with my brother and father on the North Bank – since then, I knew I always wanted to be a footballer.

What would you be if you weren't a manager? I don't know what I' be but whatever I did, I'd have to be self-employed and be my own boss, responsible for my own success and not having to deal with people telling me when to start, finish and the like.

Which player or team did you most enjoy beating? Teams like Arsenal or

Liverpool. People talk about the psychological strength of Wenger, Mourinho and Ferguson. I was able to psych them all out so that even a small club like Bolton could compete with all the bigger clubs. What's on your iPod right now? I have an iPad, too! I try to stay up to speed with all of the technology. Some of the music on my iPod now includes Motown and Queen. Queen are my favourite band of all time.

Have you ever been mistaken for anyone famous? When I played football in the US, I was mistaken for Tom Selleck. All I was missing was the red Ferrari!

Finally, which three guests would you invite to a dinner party? Muhammad Ali, Nelson Mandela and Sir Alex Ferguson. Ferguson would serve the wine, but I'd choose the food. It would be honest, English, traditional and well-cooked.

Visit the Dugout – <u>www.yahoo.co.uk/dugout</u> – for new interviews every week with England's top football managers



Nuts GAMBLING MASTERCLASS!

We poured this advice into a *Nuts* man's head and sent him online to try to win!

Deal or No Deal top tips!

eal or No Deal is a game enjoyed just by those who believe in a "system", right? Well, the TV game show might be, but the multi-line slot isn't!

For as little as 5p a go, you can win big – and if you're willing to play on all lines, you could win a progressive jackpot. In fact, one winner walked off with £1.96m!

And best of all? You can win big money in the comfort of your own home!

HOW TO PLAY

- The aim is to get winning symbol combinations from a spin of the reels, with the ultimate aim being to win the progressive jackpot.
- You can gamble up to 20p on each of the 20 pay lines. That's up to 20 chances to win on each play!
- The progressive jackpot can only be won on the Deal or No Deal bonus game, but there are also two other fun bonus games called Banker's Offer and Mystery Box Bonus, where you can win cash.

THE NUMBER LINES

It's all self-explanatory – click the number beside the reels, or the "Bet One" or "Bet Max" button. Choose Bet Max for the chance to play the bonus game and win the biggest jackpots!

BONUS GAME

If you're betting on all 20 pay lines and you get three Deal or No Deal bonus symbols on any pay line, the bonus game begins. This is much like the Deal Or No Deal TV show, only the big progressive jackpot is at stake here. Don't be too greedy or, like us, you could end up with £8 instead of £100!

He won big!

David R won £58,236 on Deal or No Deal!**

"I was so shocked,
I took the day
off work. It's so
hard to believe
this is all real!"



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gambleaware.co.uk



QUOTE ME ON THAT!

This week's biggest match debaters!

"At least with Comic Relief, the red nose covers my massive hooter"
Robble Strongs has got a point in the middle of his face.

"In the dictionary, the word sympathy' is between sh*t and syphilis"
Don't ever get Mick McCarthy in Dictionary Corner.

Jeff Stelling:



"Van Gaal is the only man
I've given flowers to. I
did well not to kiss him"
Steve McClaren has a Dutch fancy.

"Obviously I can't tell you the teams but Wigan are unchanged"

Chris Kamara not revealing the teams. "Man City
are so boring
I can't watch
them. I did
last week"
Paul Merson
has a one
second
memory

"It's not sour grapes but we should have

had two penalties and their goal was offside" Paul Dickov sounding like sour

grapes.

"Jimmy Anderson soiled his pants last week. Full followthrough and four witnesses"

Swann on England's

dirty tricks.

"Who is
Wigan's joint
top Premier
League scorer?"
Matt Le Tission:
"Henri Camara"
Jeff Stelling:
"It is. You'd
never
guess
that,
would
you?"
It just
diel, Jeff

"Rooney is a monster"

He's not that ugly, Javier Hernandez.

"Before he leaves the dressing room, Hernandez drinks a pint of enthusiasm" Graeme Souness on the United

striker's weird drinking habits.

"Balotelli has got a bag of chips on his shoulder" Sky Sports' Charlie Nicholas explains why the City star is so slow

"The extra officials aren't referees. They're just Santa's little helpers"
Kenny Dalglish explains who the men behind the goal are.

'OO-ER SOUNDS A BIT RUDE' CORNER!

"It's just a very, very small thing that I've got"

Cesc Fabregas is a bit hard on himself. "Having something on your face you're not used to is strange"

What can Newcastle's Shola Ameobi be talking about? "Gary Neville was always going to stay rigid"

Nicholas on United's former always-up-forit defender.







BEDROOM BABES!

Vote for your favourite - and she'll star in Nuts!

Vote for your favourite at www.nuts.co.uk/girls

Ladies, send us your pictures! Send your photos to Real Girls UK, Nuts, 9th Floor, IPC Inspire, the Blue Fin Building, 110 Southwark Street, London SE1 0SU. Or email nutsgirls@ipcmedia.com. You must be at least 18 years old.

ONLY IN



Vote now to see more of your favourite girl!

The winner gets her own Bedroom Babes shoot in a future issue of Nuts! Choose the girl you think is the hottest, go to www.nuts.co.uk/girls, click on the "Bedroom Babes" bit and vote for her. It's as simple as that!

REAL GIRLS, REAL PLACES!

Ladies, would you like Nuts to hang out with you for the day? Email a photo and a bit of info about yourself to nutsgirls@ipcmedia.com or write to Real Girls UK at the address on page 72. You must be at least 18 years old.

THIS WEEK:

Name: Becky
Age: 22
Boobs: 32D. "I'm
always getting
them out!"
Likes: "Rich boys!"
Ever kissed a girl?
"For jokes!"
Strangest place
you've had sex?
"In an empty
swimming pool!"
Sex tip: "Hold

my ankles!"

Becky's beautiful tour of Merstham tour of Merstham

We meet a stunner from Surrey!

HELLO!

Becky on... her home!

"I'm excited about my shoot! I was scared the neighbours would come out and see me in my pants... but it wouldn't be the first time. Ha-ha!"

Becky on... healthy food! "I try to eat healthily and I like

"I try to eat healthily and I like salad, sushi and steak but I've got a weakness for ice cream, crisps and sweets. I top up my sweet jar every two weeks!"

Becky on... early starts!

"I get out of bed at 7am, have a cup of tea and watch a bit of Jeremy Kyle. I'm a big cuddler, I follow people around the bed. If you move, I move!"



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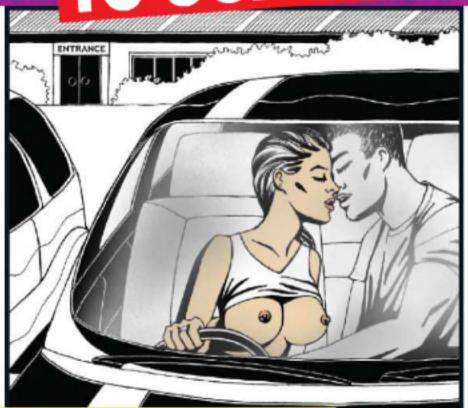
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BACK ISSUES For all Nuts back issues, call John Denton Services on 01733 385170, fax 01733 239356

CONFESS TO OUR SECRETARY!





CONFESSION OF THE WEEK!

'We steamed up the car'

I go to college a few days a week for a beauty course. There's a massive car park and every day when I park, I see a hot guy in his car enjoying a cigarette. We'd been sharing eye contact for weeks and exchanged a few sexy comments. One day as I parked, I was feeling really naughty so I invited him over to my car. I saw the excitement in his eyes as he raced over. Within minutes we were snogging and he had his hands down my top, caressing my hard nipples. The car steamed up quite quickly and I soon had my hands on his crown jewels. I slid my wet lips down over his erection and moved him in and out of my warm mouth. He could barely contain his groans and was coming in no time. We now meet regularly for saucy car sessions!

Sarah, Barnes

'He took me from behind'

Having been full of a cold and nasty chest infection for over a week, I couldn't wait to see my man. As soon as my doorbell went, I raced out and gave him a full-on kiss, enjoying his lips and tongue as it delved into my wet mouth. He followed me into the kitchen where I was chopping some veg for dinner. I felt his lips on my neck and his hand moved to the front of my tracksuit bottoms. He kissed the back of my neck and I moaned as his fingers slid inside me. I was wet, and with his free hand, he unbuttoned his jeans to release his erection, while I bent over to take his shaft. As he pumped against me, I bent over the counter, sending the chopping board and veg flying. It was hot and horny, and I loved glancing back and seeing my bum bang against his tight stomach. I hope he welcomes me exactly like that next time he comes over!

Lisa, Romford

'The whole cinema saw us'

My boyfriend celebrated our four-year anniversary with a long weekend in Amsterdam. We went out to a bar and after a few drinks, he persuaded me to check out a cinema with him. When we'd paid our money and found a seat, I quickly realised that I was the only girl in there, and the only movies playing were porn! I felt uncomfortable at first and I soon realised that some of the men in the cinema were more interested in looking at me than at the screen. My boyfriend and I decided to play to the crowd, so I unzipped his trousers to see he was quite excited by the prospect. I took his large, throbbing member in my mouth and proceeded to run my lips up and down until he came. Once I'd swallowed, I looked up to see not a single

eye on the screen. Those moviegoers certainly got their six euros worth that night and we went home to have the best sex of our relationship, thinking about those people watching us!

Tara, South Wimbledon

'She kissed me all over'

I'm not big into clothes shopping but when my new neighbour suggested a girl's day out to help spend her work bonus, I couldn't refuse. After getting a few bits, we were walking through a car park on our way home when she admitted she knew of a storage room in the car park where she and her old colleagues used to go for a smoke, so I asked her to show me. Giggling, she grabbed my hand and ran towards the door, stopping to give me a kiss. I felt myself flush as I thought about what could happen. As soon as we closed the door, she had her hands all over me. She kissed me all over and gave me oral on a pile of boxes. I can't wait to go shopping again now!

Kylie, by email

Win £50!



Nuts FASHION

Look smart while dressing down!

colourful tees!









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Nuts REVIEWS



NEED FOR SPEED – SHIFT 2: UNLEASHED PC. PS3, XBOX 360



Need For Speed's more realistic younger brother hits its sequel stride just four months after Hot Pursuit dropped. It's your usual roster of unobtainable metal, but with the emphasis on a more realistic track experience. And it's just different enough to warrant a dip into your wallet. ***



WWE ALL STARS ALL FORMATS



Decades of WWE stars all scrapping together in matchups that roll back the years. Good fun! ***



TIGER WOODS PGA TOUR
12: THE MASTERS ALL FORMATS



Immense realism, a full roster of golfers and more courses to find the out-of-bounds of. If you like golf, get it! ***

APPS!



HONK IPHONE, IPOD TOUCH, IPAD



Park up, set the on-screen meter, then when it's time to head back

to your car, it'll let you know – and give you directions to get you there. Genius! ****

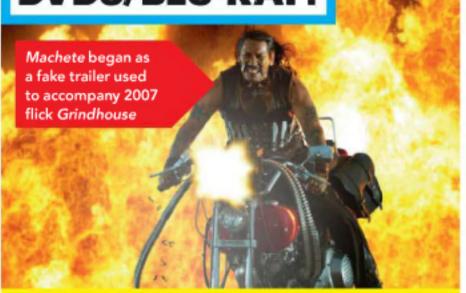
ILAZER IPHONE, IPOD TOUCH, IPAD



As everyone knows, lasers are ace (just not at football games!), and

this app lets you add them to your pics! User-friendly, and with cool sound effects. ***

DVDS/BLU-RAY!



MACHETE DVD & BLU-RAY CERT 18

Robert "Sin City" attempt while on a hit himself and



Robert "Sin City" Rodriguez's violent actioner. Danny Trejo stars as an ex-cop, the notso-shy-and-retiring Machete Cortez,

who survives an assassination

takes revenge in the only way he knows how – by going on a killing spree! Thoroughly entertaining stuff, with Robert De Niro as a crooked politician, and hotties Jessica Alba, Michelle Rodriguez and Lindsay Lohan.

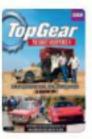
UNSTOPPABLE

DVD & BLU-RAY CERT 18



There's so much tension in this film, we almost broke our fingers, we were gripping our chair so tight! An ace watch! ***

TOP GEAR: THE GREAT ADVENTURES 4 DVD & BLU-RAY



The trio recreate
the journey of the
Three Wise Men,
and take road trips
across America and
Albania. As brilliant
as always. ***

ROSS KEMP: EXTREME WORLD DVD & BULLBAY CERT 1



The actor travels to parts of the world with more than a few problems, such as drug-ravaged Chicago. ***

MUSIC!



VARIOUS ARTISTS GUILTY PLEASURES



Cheesy mix of '80s songs you should hate, yet you love! Includes Toto,

Wham!, and, of course, Don't Stop Believing! Love it! $\star\star\star\star$

VARIOUS ARTISTS HED KANDI: BECK TO DISCO



Three-CD disco treat, tracing the music from its '70s origins through to

modern hitmakers. Time to dust off those flares! ★★★★

76 Nuts



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NUTS

The section that constantly changes captain!

WEDNESDAY

Time-travelling comedy!

Hot Tub Time Machine Sky Movies Prem, 8pm

7-DAY TV LISTINGS **GUIDE!**



WEDNESDAY

Massive European clash!
Chelsea vs Man United ITV1, 7pm

FRIDAY 1 APRIL

"Er, should we tell him he's left his lights on?"

Fifth Gear Channel 5, 7.30pm

CARS TV's second-best motoring mag returns, with Jason Plato testing the new Nissan GT-R in Abu Dhabi and Vicki Butler-Henderson taking the Audi RS3 for

a spin in Monaco. Lucky them! ★★★



The Simpsons sky 1/HD, 8pm

COMEDY Blimey, they're all in this one! Ricky Gervais, Russell Brand,

Nick Park, Halle Berry, and all because Bart's Angry Dad cartoon has been turned into an award-nominated short film! ★★★★



TODAY'S

MUST-SEE

TV PICKS!

True Blood FX/HD, 10pm

DRAMA Everything's wrapped up nicely in this season finale, including Eric's attempt to kill the King, Bill

double-crossing everyone and La Fayette seeing bad things... Blinding! $\star\star\star\star\star$

one

6.00am Breakfast 9.15 A Hundred Years of Us 10.00 Homes Under the Hammer 11.00 Britain's Empty Homes 11.30 Cash in the Attic(R) 12.15pm Bargain Hunt 1.00 BBC News, Weather 1.30 Regional News, Weather 1.45 Doctors 2.15 32 Brinkburn Street 3.00 BBC News, Weather, Regional News 3.05 CBBC 5.15 Weakest Link (R) 6.00 BBC News, Weather 6.30 Regional News Programmes, Weather

TWO

6.00am CBeebies 7.00 CBBC 8.30 CBeebies 11.35 Meerkat Manor(R) 12.00noon Daily Politics 12.30pm GMT with George Alagiah 1.00 Diagnosis Munder (R) 1.45 To Buy or Not to Buy 2.30 Restoration Roadshow (R) 3.00 Flog It! (R) 3.45 Helicopter Heroes (R) 4.30 Pointless 5.15 Escape to the Country (R) 6.00 Eggheads (R) 6.30 Royal Upstairs Downstairs

5.30am ITV News 6.00 Daybreak 8.30 Lonaine 9.25 The Jeremy Kyle Show 10.30 This Morning 12.30pm Loose Women 1.30 ITV News 1.55 Regional News, Weather 2.00 60 Minute Makeover 3.00 The Alan Titchmarch Show 4.00 Midsomer Murders (R) 5.00 The Chase (R) 6.00 Regional News, Weather 6.30 ITV News

6.05am Sali Mali (R) 6.10 Max Bear 6.25 The Hoobs (R) 7.15 Freshly Squeezed 7.45 Everybody Loves Raymond (R) 8.05 Frasier (R) 8.40 Friends (R) 9.10 Supernanny USA. 10.00 Brothers & Sisters 10.55 Gok's Fashion Fix (R) 12.00noon News 12.05pm Designers Under Pressure (R) 12.25 Tax The Thief: Cold Warspy thriller. 2.05 Cookery School 3.10 Countdown 3.55 Deal or No Deal 5.00 Fem 6.00 The Simpsons (R) 6.30 Hollyoaks



6.00am Milkshake! 9.15 The Wright Stuff 11.05 Brighton Beach Patrol (R) 12.05pm The Family Recipe (R) 12.10 5 News Lunchtime 12.20 House (R) 1.15 Home and Away 1.45 Neighbours 2.15 The Vanessa Show 3.05 The Family Recipe (R) 3.15 III Honeymoon with Mam: Camedy starring Shelley Long. 5.00 5 News at 5, Weather 5.30 Neighbours (R) 6.00 Home and Away (R) 6.25 OK! TV

7pm The Simpsons Lisa gets a Mypod. (R)

7.30 The Middle Frankie and Mike try to make Valentine's Day special. (HD)

8.00 The Simpsons With Ricky Genvals and Russell Brand. (HD)

8.30 Modern Family Mitchell throws Lily a party for her second birthday. Cue more uncomfortable laughs. (HD)

9.00 Raising Hope Jimmy tries to resurrect his old

9.30 A League of Their Own

man's music career. (HD)

With guest panellists Boris Becker and Clare Balding. (HD)

10.30 Spartacus: Gods of the Arena Oengmaus contemplates the end of his career.

11.45 Louie Spence's Showbusiness

The dance teacher puts together a revue show. Forget it!(R)(HD)

7.00 The One Show Topical nattering.

7.30 Rip Off Britain Consumers complain about being

8.00 EastEnders

on the wrong end of rubbish deals.

More people go around talking

a right load of old pomy.

8.30 QI

With Johnny Vegas, David Mitchell, Rob Brydon and Alan Davies - top guests, the lot of 'em! (R)

9.00 New Tricks

The squad reinvestigate the death of a timeshare magnate. (R)

10.00 News, Weather

10.35 Michael McIntyre: Live & Laughing

Stand-up comedy with the posh laugh-generator. (R)

11.35 The National Lottery Friday Night Draws

The lottery officially gets edgy-this has a performance by Chipmunk!

11.50 Halloween H20 maniac Michael Myers returns to

terrorise his sister. The loon.

7.00 Britain by Bike

Clare Balding visits the Highlands. Blimey - does she have any idea how steep those things are? (R)

7.30 An Island Parish

Fr Roddy competes in a halfmarathon race. We presume this involves 20 laps of the island.

8.00 Mastermind

The third semi-final of complicated questions. Give Ita miss.

8.30 Gardeners' World Trowel-clutching nonsense.

9.00 The British at Work Kirsty Young explores employment. She's loads of fun like that.

10.00 Frank Skinner's Opinionated

With Katy Brand and Ross Noble.

10.30 Newsnight

11.00 The Review Show Nothing to see here...

11.50 London to Brighton

A prostitute and a homeless girl go on the run from a violent thug revenge for his gar father's death. Lorraine Stanley stars.

7.00 Emmerdale

More rural ruckuses.

7.30 Coronation Street

Steve has a look for Amy's passport. Oh, the suspense!

8.00 Children's Hospital Shaun Malone leaves hospital after six gruelling months.

8.30 Coronation Street Liz demands to know what Steve is

hiding. Could it be Army's passport?

9.00 Benidorm

The holiday-makers look forward to an '80s night. Expect big hair.

10.00 ITV News, Weather

10.35 The Cube

A firefighter from Gloucester competes in the game show. (R)

11.35 Take Me Out

Blokes try to impress 30 single women by wrestling, singing, fireeating and firting their way into the ladies' hearts. What's wrong with just buying them a drink? (R)

12.30am The Zone

7.00 News

7.25 4thought.tv

7.30 Unreported World

The plight of child soldiers in Eastern Congo. Scary stuff.

8.00 A Place in the Sun: Home or Away

Searching for properties in Hertfordshire and Italy, Dull!

9.00 Embarrassing Bodies

A man who has to breathe through a hole in his neck.

10.00 Friday Night Dinner

Half-decent dinner-table laughs as Adam tries to celebrate his birthday.

10.30 Rude Tube: **Rude Tunes**

Music makers who've shot to stardom thanks to the internet. (R)

11.35 10 O'Clock Live With David Mitchell. (R)

12.40am Music on 4: Mercury Prize Sessions

12.55 4Play: Beardy Man Beat-boxer Damen Foreman.

1.10 Heart Huckabees:

Cornedy: 2.55 My Name Is Earl (R) 3.15 My Name Is Earl (R) 3.40 (III) Kiki's Delivery Service (Subtitled) 5.20-6.10am Countdown (R)

7.00 5 News at 7

7.30 Fifth Gear

MUST SEE OK, so it's not ityp Gear, but Channel 5's answer to the genius BBC carseries is still worth checking out. The presenters put the Audi RS3 though its paces, among other stuff.

8.00 Ice Road Truckers More slipping and sliding.

9.00 The Mentalist Agold prospector is killed.

10.00 Law & Order

Green and Cassady are assigned the case of a mass murderer who's escaped from the slammer.

10.55 CSI: Miami

The team investigate a petral-siphoning operation.(R)

11.55 Cops in Crisis

Harrowing tales of survival told by police

12.10am Super Casino

3.55 The FBI Files (R) 4.45-5.10am Motorsport Mundial



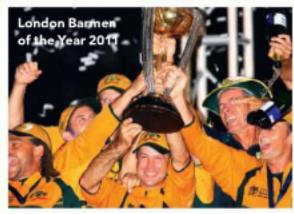
1.15am Sign Zone: Natural World (R) 2.15 Baking Made Easy(R) 2.45 The Boat That Guy Built (R) 3.15-6.00am BBC News

1.10-3.15am BBC News

2.35 In Plain Sight: Drama. (R) 3.20-5.30am ITV Nightscreen

Nuts

2 APRIL SATURDAY



Cricket World Cup

SPORT Sky Sports 1/HD, 9am The final from the hilariously named

Wankhede Stadium. Holders Australia won't be involved, and we doubt England will be either. It'll still be good fun though! ★★★★



Boardwalk Empire

DRAMA Sky Atlantic/HD, 9pm If you didn't know already, Agent Van

Alden is crazy as batsh*t, as tonight's jawdropping penultimate episode proves. We also meet Jimmy's mysterious dad. ★★★★



Wanted ITV1, 9.40pm

James McAvoy is the loser office worker who turns out to be the son of an assassin, while Angelina Jolie is the seriously hot sharp-shooter who guides him in this ace action-fest. ****

one

6.00am Breakfast 10.00 Saturday Kitchen Live 11.30 BBC News, Regional News, Weather 11.45 Football Focus 12.30pm [111] Match of the Day: Leeds vs Forest, kick off 12.45pm, 2.55 IIIV Galaxy Quest: Sci-fi comedy staming Tim Allen and Sigoumey Weaver, 4.30 Final Score 5.15 BBC News, Regional News, Weather 5.30 Al New Total Wipeout: The Awards 6.30 So You Think You Can Dance

TWO

6.00am CBeebles 7.00 CBBC 12.00moom Coast(R) 12.15pm Diagnosis Murder(R) 1.00 The Prince and the Showgirl: Romantic comedy starring Laurence Olivier. 2.55 Priceless Antiques Roadshow (R) 3.25 Escape to the Country (R) 4.25 Flog It! (R) 4.55 HIM Carry On Again Doctor: Comedy staming Kenneth Williams, 6.20 Dad's Army (R) 6.50 Welsh Greats (R)

5.30am ITV News 6.00 CITV 9.25 Coronation Street 11.45 This Morning: Saturday 12.45pm Monk 1.40 ITV News, Weather 1.45 You've Been Framed! (R) 2.15 ILW Like Mike: Teen sporting comedy starring Lil' Bow Wow. 4.05 Crocodile Dundee in Los Angeles: Comedy sequel starring Paul Hogan. 5.45 Regional News, Weather 5.55 ITV News 6.10 New You've Been Framed! 6.40 Harry Hill's TV Burp Compilation

6.10am Sali Mali (R) 6.15 The Hoobs (R) 7.05 First FIM Superbike World Championship (R) 7.30 STORI The Grid 8.00 STORI The Morning Line 9.00 T4: Friends (R) 9.30 Rig: T4 Movie Special 10.00 Friends (R) 10.30 Glee 11.25 Great British Hairdresser 12.30pm The Big Bang Theory (R) 1.25 That Paralympic Show 1.55 LITT Racing 3.55 The Secret Supper Club 4.25 Come Dine with Me Extra Portions (R) 6.30 News 6.55 4thought.tv



6.00am Mikshake! 10.00 Chinese 10.40 The Gadget Show (R) 11.40 Megastructures: Extreme Bridge staming James Gamer and Edmond O'Brien. 2.55 The Sea Chase: with Robert Mitchum.

7.30 The National Lottery: Secret Fortune

Dull guiz show with Nick Knowles.

8.25 Casualty

We wish the lottery was still on. That's how much we dislike this.

9.15 Live at the Apollo Stand-up laughs from London. (R)

10.00 News, Weather

10.20 Match of the Day

Highlights of today's Premier League matches, including the Hammers vs Man United and Arsenal vs Blackburn.

11.45 The Football

Lowe-league ball-booting fun,

including Leeds vs Forest, Burnley vs

loswich, Rochdale vs Brighton and

Burton vs Barnet, It's all happening!

League Show

7.20 The Last Goon Show of All

Oldie comedy with Peter Sellers and Harry Secombe. (R)

8.00 Edward VII: Prince of Pleasure

Unravelling the mystery of the monarch. One for beardy types with too much time on their hands. (R)

9.00 Goldie's Band: By Royal Appointment

The 12 chasen youngsters develop their performance skills.

10.00 The Tudors Henry is troubled by visions.

10.55 Nurse Jackie Mrs.Akalitus offers Eddie a job.

11.25 ICC Cricket World Cup Highlights

Sassa Ball-knocking highlights from the final at in Mumbai, India. Ace!

12.25am Frank Skinner's Opinionated

With Katy Brand and Ross Noble. (R)

12.55-2.40am The Rainbow

based on DH Lawrence's novel. We suspect this isn't going to be for us.

7.10 Ant & Dec's Push the Button

Two families compete for a big wad of cash. Lend us a tenner, will you?

8.25 Live Celebrity Who Wants to Be a Millionaire?: Mother's Day Special

With David Walliams, Olly Murs and some EastEnders star or other.

9.40 Wanted

west see Brilliant fantasy action thriller starring James McAvoy and -even better! - Amgelina Jolie.

11.45 ITV News, Weather

one complete catastrophe and another, probably. (R)

7.00 River Cottage

Hugh-we're listening...(R)

8.00 Seven Ages

Hugh Feamley-Whittingstall creates

the ultimate cheese sandwich. OK,

The fifth age of Britain, from 1066 to

1350, charting the period between

Every Day

of Britain

9.00 Transporter 2 A highly-skilled professional driver sets out to rescue the son of a politician from a vicious drug dealer. Jason Statham stars in this and it's

10.35 Stand Up for the Week

actually not bad at all!

Excellent topical stand-up laughs with Kevin Bridges, Paul Chowdhry Jack Whitehall and Rich Hall.

Food in Minutes 10.10 Fifth Gear (R) Demolition (R) 12.45pm IV Up Periscope: Wartime adventive Second World War adventure starring John Wayne: 5.05 III. Anzio: Second World War drama

7.20 5 News Weekend

7.25 NCIS

Tony has relationship problems. We've all been there, mate. (R)

8.20 CSI: Grissom's Greatest

The team struggles to piece tagether events leading to the murder of a showgirl. (R)

9.15 CSI: NY

The investigators must sift their way through partygoers to find a killer.

10.15 CSI: Miami

The mother of Horatio's son Kyle is involved in a murder. (R)

11.15 CSI: Crime Scene Investigation

Two bodies are found buried under tarata building site. (R)

12.05am Vic Reeves Investigates Jack the Ripper

7pm The Simpsons

7.30 The Simpsons

Marge begins work as a church

academy. (R)

volunteer.(R)

8.00 Futurama

superstar. Brilliant! (R)

8.30 Futurama

Robot Devil.(R)

Fry makes a deal with the

9.00 Beverly Hills Cop

Examining the pressures facing

TILM Classic comedy thriller

starring Eddie Murphy.

11.05 Ross Kemp:

Battle for the

the region. Grim but

compelling stuff. (R)(HD)

Amazon

Benderfinds fame as a TV

Bart and Lisa emplin a military

The mystery behind the notorious killer. (R)

Final, Sky Sports 1, 11,30am Inverness vs Celtic, ESPN. 12.30pm West Ham vs Man United, Sky Sports 2. 4.45pm Arsenal vs Blackburn, ESPN, 7pm Strikeforce Challengers, Primetime.

12.15am SuperCasino

ipm Fulham vs Blackpool, Sky Sports 1, 1,30pm Saracens vs Bath, ESPN. 3.30pm Man City vs Sunderland, Sky Sports 1. 4.30 pm VfL Wolfsburg vs Eintracht Frankfurt, ESPN, 6.30pm Spanish Football, Sky Sports 1.

12.00m't The Zone

FLM Comedy staming Jane Fonda, we're going straight over to the

11.25 Nine to Five

last part of Match of the Day, too.

4.00 The FBI Files (R) 4.50 Meals in

1.10-6.00am RRC News

2.05am Swingtown: Drama. (R) 2.55-5.30am ITV Nightscreen

1.30am Sex in the '80s(R) 2.25 Privileged (R) 3.10 Privileged (R) 3.50 Ugly Betty (R) 4.35 Perfect Recall (R) 5.00 Countdown (R) 5.45-6.10am Yo Gabba Gabba! (R)

Moments(R)5.00 Hana's Helpline (R) 5.10 The Milkshake! Show (R) 5.35 Thomas & Friends (R) 5.45-6.00am Roary the Racing Car(R)

SUNDAY 3 APRIL



Hawaii Five-0

DRAMA Sky1/HD, 9pm The Five-0 team are called in when an armoured car loaded with cash is pinched and dumped in the ocean, dosh and all.



The Bucket List

FILM ITV1, 10.15pm Schmaltzy comedy about two terminally ill men - one of whom is a billionaire - enjoying a series of adventures before they die. Jack Nicholson and Morgan Freeman add a bit of class. ★★★



TODAY'S

MUST-SEE

Awaydays BBC2, 11.40pm
Fans of hard-hitting Brit dramas like This Is England are in for

a treat with this ace rites of passage tale of two music-loving hooligan casuals in Merseyside in 1979. Intense stuff! ★★★

one

6.00am Breakfast 7.30 532031 Match of the Day (R) 9.00 The Andrew Marr Show 10.00 The Big Questions 11.00 Country Tracks 12.00noon The Politics Show 1.05pm EastEnders 3.00 Bargain Hunt 3.30 Escape to the Country (R) 4.30 Points of View 4.45 Songs of Praise 5.30 BBC News, Regional News, Weather 6.00 Nigel Slater's Simple Suppers (R) 6.30 The Boat That Guy Built (R)

TWO

8.00 Top Gear

we'd argue for BMW. (R)

Family in Crisis

9.00 Louis Theroux:

America's Most Hated

Theroux returns to Kansas to visit

some loons who, after his last docu

about them, now have him on their

hate list too! Good luck, Louis!

Clarkson and the Hamster debate

which company's made the greatest

number of exceptional cars. Hmm,

Don't they know about recycling? $\star\star\star$

6.00am CBeebies 7.00 CBBC 10.00 Something for the Weekend 11.30 MasterChef (R) 12.30pm IIVI MotoGP: The Spanish Grand Prix. Start-time Tom. 2.05 ELLI Viva Knievel!: Adventive. 3.45 The Gumball Rally: Comedy. 5.30 The Truth About Lions (R) 6.30 [2021] Jackie Stewart: The Flying Scot

5.30am ITV News 6.00 CITV 9.25 May the Best House Win (R) 10.25 House Gift (R) 11.30 This Morning: Sunday 12.30pm Dinner Date (R) 1.30 ITV News, Weather 1.35 III. Columbo: Old-Fashioned Murder: Murder mystery: 3.05 Torvill and Dean's Dancing on Ice Tour 2010 (R) 4.05 Midsomer Murders (R) 6.10 Harry Hill's TV Burp Compilation (R) 6.35 News, Weather 6.45 ITV News

6.10am The Hoobs (R) 7.00 [2003] Freesports on 4 7.30 Crunchtime 7.55 T4: The Crush 8.25 Friends (R) 9.25 Hollwoaks 11.55 Glee (R) 12.55pm The Simpsons (R) 1.55 Fourina Bed (R) 4.25 Deal or No Deal 5.30 Time Team: The team dig around an old most near Cserphilly. 6.30 News 6.55 4thought.tv



6.00am Milkshake! 10.00 UEFA Europa League Highlights 11.05 André Rieu in New York 12.05pm Ice Road Truckers (R) 1.05 Emergency Bikers (R) 2.05 Prince Charming 3.50 HLM 13 Going on 30: Romantic comedy starring Jennifer Garner, 5.45 5 News Weekend 5.50 High School Musical 3: Senior Year: Teen musical starring Zac Efron.

8.10 Just Married

care? No, us neither.

Rom-com about a newlywed

honeymoon and return wondering

if their marriage can work. Do you

10.00 Two Weeks Notice

Na! Mare rom-com rubbish,

this time starring Sandra Bullock

and Hugh Grant, Allberal lawyer

property tycoon, the pairfall in love

that's what we assume happens.

and live happily everafter. Or at least

goes to work for a billionaire

couple who have a disastrous

7pm The Middle Frankie and Mike aim for a romantic Valentine's Day as all the kids are out. (R)(HD)

7.30 Modern Family Mitchell throws Lily a party for her second birthday. (R)(HD)

8.00 Raising Hope Jimmy tries to resurrect his dad's music career. (R)(HD)

8.30 The Simpsons Homer and Bart create a cartoon. (R)(HD)

900 Hawaii Five-0

More maybers and this very far the Five-Otteam tonight as post theft, the stash is left/behind: (HD)

10.00 NCIS: Los Angeles

Sam resumes a former identity to trace a terrorist group. (HD)

11.00 House

The staff perform open-heart surgery on a matador. (R)(HD)

12.00m't Ross Kemp: Battle for the Amazon (R)(HD)

7.00 Countryfile

Matt Bakerwitnesses seabirds arrive for the start of the breeding season. So, it's like bird porn then.

8.00 Antiques Roadshow

A pot that's not as ancient as it seems. Nape, itwas from Tesco.

9.00 Waking the Dead

The team investigate the mysterious death of a medical student.

10.00 News, Weather

10.25 Imagine: The

Trouble with Tolstoy

Russian writer. Give it a miss!

11.25 The Last Station

toy. There's a pattern here!

...is that he was some boring old

10.00 Match of the Day 2

Action from this afternoon's top flight sphere-smacking, featuring Man City vs Sunderland and Fulham vs Blackpool.

11.00 The Football League Trophy Show

SECOL Action from the Johnstone's Paint Trophy final Brentford vs Carlisle at Wembley.

11.40 Awaydays

Drama about the life of boring VIETER Excellent football hooligan old Russian writer-you guessed itflick set in 1979, about a 19-year-old to join a gang of local thugs. Quality!

7.00 The Cube

USW Strange game show which takes place within the confines of a large cube. Sounds like a game show of the future. But it's not.

8.00 Lewis

The long, dull crime drama returns. A reunion takes a tragic turn when a guest is found murdered.

10.00 ITV News, Weather

10.15 The Bucket List

MISSES Comedy drama about two

old blokes who are dying. What's

good about that? Well, it stars the

Morgan Freeman, that's what!

12.05am Premiership

2031 Egg-chasing action, including

Harleguins vs Leices

Saracens vs Bath, Northampton vs

Rugby Union

12.50 The Zone

always excellent Jack Nicholson and

7.00 Come Dine with Me Four randoms go head-to-head in an

almighty battle to the death. Or at least make dinnerforeach other.

8.00 Civilization: Is the West History?

Westside? Eastside? Don't care side?

9.00 Country House Rescue

A ramshackle rural pad.

12.15am Lost in

FLM Bittersweet romantic drama

starring the excellent Bill Murray

and the seriously hot Scarlett

Johansson. A jaded Hollyw and a young woman strike up

a friendship in a Tokyo hotel.

Translation

10.00 The Magdalene Sisters

Fact-based drama set in mid-'60s Ireland about three women sent to work the Magdalene Laundries run by the Church. We're falling asleep just telling you that.

12.00m't Cowell

Docu exploring the career of the bloke with the amazingly square head the super-high-waist trousers and

tacebook.

Join 1000s of other fans on our official page.

The Simon Factor

shiny teeth.(R)

1.10am The Skyat Night 1.35 Sign Zone: MasterChef(R) 2.35 Holby City(R) 3.35 Men of Rock(R) 4.35-6.00am BBC News

1.20am BBC News 4.35-5.05 The Super League Show

2.00 DOA: Dead or Alive: Adventure stavring Devon Aoki, Jaime Pressly and Holly Valance. 3.25-5.30am ITV Nightscreen 2.05 Amelia and Michael 2.15 Never Did Me Any Harm 3.15 The Play's the Thing 4.10 Without a Trace 4.55 Wogan's Perfect Recall 5.20-6.05am Countdown (R)

1am Super Casino 4.00 FBI Files 4.50 Meals in Moments(R) 5.00-6.00am

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4 APRIL MONDAY



The Kingdom ITV4, 9pm
Corking gung-ho actioner about an FBI team who head to Saudi

Arabia to investigate a terrorist attack in a Western civilian compound and find themselves hampered at every turn. $\star\star\star\star$



Bored To Death

DRAMA Sky Atlantic/HD, 10.20pm
Jonathan fails to win back his

girlfriend, so takes a case to distract himself the client wants him to find out if her bloke is cheating. Zach Galifianakis is ace! ★★★★



The Event Channel 4, 11.05pm

DRAMA The alien-bothering drama continues with Martinez and

Sterling having the sleepers surrounded. Slick, fast-moving and utterly silly - and there's nothing wrong with that! ★★★

one

6.00am Breakfast 9.15 Neighbourhood Blues 10.00 Homes Under the Hammer (R) 11.00 Britain's Empty Homes 11.30 Cash in the Attic (R) 12.15pm Bargain Hunt 1.00 BBC News, Weather 1.30 Regional News, Weather 1.45 Doctors 2.15 Justice 3.00 BBC News, Weather, Regional News 3.05 CBBC 5.15 Weakest Link: Angry quiz. 6.00 BBC News, Weather 6.30 Regional News Programmes, Weather

TWO

6.00am CBeebies 7.00 CBBC 8.30 CBeebies 11.35 Meerkat Manor(R) 12.00moon Daily Politics 12.30pm GMT with George Alagiah 1.00 Diagnosis Murder(R) 1.45 To Buy or Not to Buy 2.30 Real Rescues (R) 3.00 Cash in the Celebrity Attic(R) 3.45 Flog It! (R) 4.30 Pointless 5.15 Escape to the Country (R) 6.00 Eggheads 6.30 1217 Great British Menu: Nartheastern chefs create their most impressive starters.

5.30am ITV News 6.00 Daybreak 8.30 Lorraine 9.25 The Jeremy Kyle Show 10.30 This Morning 12.30pm Loose Women 1.30 ITV News 1.55 Regional News, Weather 2.00 60 Minute Makeover 3.00 The Alan Titchmarsh Show 4.00 Midsomer Murders (R) 5.00 EE Britain's Best Dish: Hey, look - it's another new cookery show! 6.00 Regional News, Weather 6.30 ITV News

6.05am Sali Mali (R) 6.10 Max Bear 6.25 The Hoobs (R) 7.15 Freshly Squeezed 7.40 Everybody Loves Raymond (R) 8.05 Frasier (R) 8.35 Friends (R) 9.10 Supernanny USA 10.00 Brothers & Sisters 10.55 Relocation, Relocation 12.00noon News 12.05pm River Cottage Bites 12.10 Jamie at Home (R) 12.35 IIII Sea Wife 2.10 Cookery School 3.10 Countdown 4.00 Deal or No Deal 5.00 Fern 6.00 The Simpsons (R) 6.30 Hollyoaks



6.00am Milkshake! 9.15 The Wright Stuff 11.05 The Blasters (R) 12.05pm The Family Recipe (R) 12.10 5 News Lunchtime 12.20 House (R) 1.15 Home and Away 1.45 Neighbours 2.15 The Vanessa Show 3.05 Chinese Food in Minutes 3.15 TEM Recipe for Revenge: Romantic suspense thriller starring Kim Huffman, 5.00 5 News at 5, Weather 5.30 Neighbours (R) 6.00 Home and Away (R) 6.25 OK! TV

7pm The Simpsons Bart is on his best behaviour as he tries to win the affections of a girl at his school. (R)(HD)

7.30 The Simpsons Bart and Lisa frighten their family with tales of terror. (R)

8.00 Rooftop Rainforest

Wildlife expert Dusty Gedge's attempts to build an indoor rainforest.

9.00 Ross Kemp in Search of Pirates

Docu looking into the devastating impact of piracy in Nigeria, and not a parrot or cutlass in sight. (R)(HD)

10.00 Spartacus: Gods of the Arena

Crixus tries to prove his potential.(HD)

11.15 A League of Their Own

With Boris Becker and Clare Balding.(R)(HD)

12.15am Night Cops Afighterupts at a teenager's party in Swindon. (R)(HD)

7.00 The One Show Topical chit-chat.

7.30 Bang Goes the Theory

Test tube-bothering fun.

8.00 EastEnders

Michael suggests to Roxy that she considerselling the salon. If you care. You don't? Never mind then.

8.30 Finished at Fifty? -Panorama

The difficulties facing unemployed people in their lifties.

9.00 Waking the Dead Sarah realises Boyd could be the

only person able to redeem her.

10.00 News, Weather

10.35 A Question of Sport

Sports quiz, with top Bolton boncebasher, Amir Khan.

11.05 Late Kick Off

A round-up of the weekend's Football League action.

11.35 The Big Easy Crime thriller set in New

ans and starring Dennis Quaid

7.00 The Great Rift: Africa's Wild Heart

The geological forces that created the Great Rift Valley. (R)

8.00 University Challenge

The heavy artillery of geeks are in town with the Grand Final.

8.30 Lambing Live

Man entire series dedicated to the miniature douds on legs.

10.00 Never Mind the Buzzcocks

Claudia Winkleman guest-hosts the ace comedy music quiz. (R)

10.30 Newsnight

11.20 Louis Theroux: America's Most **Hated Family in Crisis**

The reporter returns to the Westbara Baptist Church to meet some, er, slightly unhinged types. (R)

12.20am An Island Parish Windswept rubbish.(R)

12.50 BBC News

7.00 Emmerdale

Field-ploughing plop.

7.30 Coronation Street

Gaill urges Audrey not to sign over the salon. Audrey must have been in touch with Roxy over on EastEnders.

8.00 The Dales

Afarmer takes her dairy cows to the Great Yorkshire Show. Let's hope they had a nice day out.

8.30 Coronation Street

Audrey refuses to listen to Gail. Looks like you've got a sale, Roxy!

9.00 Law & Order: UK

Brooks and Devlin investigate the death of a six-month-old boy.

10.00 ITV News, Weather

10.35 Real Crime: A Shot in the Dark

Tony Martin, who shot two intruders in his Norfolk home in 1999. (R)

11.35 River Monsters

Jeremy Wade searches for a legendary fish in Alaska that is said to drag people down to an icy g The bloke's clearly bankers! (R)

12.30am **The Zone**

7.00 News

7.55 4thought.tv

8.00 Dispatches: Cashing in on Degrees

Docu about education.

9.00 One Born Every Minute

More heavily pregnant women have TV cameras pointed at them as they go into labour. Madness. (R)

10.00 Heston's 70s Feast A twist on the school-dinner staple

of spam fritters, lumpy mash and cabbage. Anyone up for a pizza? (R)

11.05 The Event

MUST SEE Seen and Vicky continue their mission when they get a new lead on the location of Dempsey.

12.05am Music on 4: The Album Chart Show Introduces - Katy B

A performance by the singer.

12.20 4Play: Gypsy and the Cat Profile of the Aussie duo.

12.40 European

Secon Action from Barcelona, featuring the likes of Roberto Romanello and Jan Boubli.

7.00 5 News at 7

7.30 How Do They Do It? Alook at how to build a golf course in the Dubai desert.

8.00 The Gadget Show

Suzi Perry and Jason Bradbury

design video games. Hands up those who are jealous. Yeah, us too.

9.00 Executive Decision

Action thriller starring Kurt Russell and Halle Berry. In keeping with Channel 5 tradition, Steven Seagal's in it – but only for a bit.

11.45 Undisputed

FLM Slammer drama starring Ving Rhames, Wesley Snipes and Peter Falk. Sent to prison for rape, the world heavyweight boxing champion gets into the ring with the penitentiary's resident champ.

2.45pm Cycling, Eurosport. 7.30pm Football League: QPR vs. Shelf United, Sky Sports 1, 12m't Major League Baseball: New York Yankees vs Minnesota Twins, ESPN. 3am Ice Hockey: San Jose Sharks vs Los Angeles Kings, ESPN.

2.45pm Cycling, Eurosport. 7pm MUST-SEE Champions League: Real Madrid vs Spurs, Sky Sports 2, 12m/t Major League Baseball: Philadelphia Phillies vs New York Mets, ESPN.

1.20am Sign Zone: MasterChef (R) 2.20 Silk (R) 3.20 Arctic with Bruce Parry (R) 4.20-6.00am BBC News

4.00-6.00am BBC Learning Zone

2.35 SECCE UEFA Champions League Weekly: Recent ball-kicking action: 3.05 The Jeremy Kyle Show (R) 3.55-5.30am ITV Nightscreen

1.35 Rome Wasn't Built in a Day: Last in the series. (R) 2.30 Royal Deaths and Diseases (R) 3.25 Codex (R)4.20 The Bible: A History (R) 5.15-6.00am Ugly Betty (R)

1.30am SuperCasino 4.05 The FBI Files (R) 4.55 Animal Rescue Squad (R) 5.10 Wildlife SOS(R) 5.35-6.00am House Doctor(R)

TUESDAY 5 APRIL



Real Madrid vs Spurs

SPORT Sky Sports 2/HD, 7pm Spurs have done brilliantly to reach

the quarter-finals in their first Champions League campaign. And their reward? Jose Mourinho's Madrid. Heck! ★★★★



Campus Channel 4, 10pm

COMEDY Originally a comedy showcase, this Office-esque

comedy set in a failing university now gets a full series. Andy Nyman's the super-cringey David Brent-a-like big boss. $\star\star\star\star$



TODAY'S

MUST-SEE

TV PICKS!

Later Live... BBC2, 10pm

MUSIC Jools Holland is back with a new series of brill bands.

Tonight sees bleary-eyed singalongs from Liam Gallagher's Beady Eye, and epic aceness from Manchester's Elbow. ★★★

one

6.00am Breakfast 9.15 Neighbourhood Blues 10.00 Homes Under the Hammer (R) 11.00 Britain's Empty Homes 11.30 Cash in the Attic (R) 12.15pm Bargain Hunt (R) 1.00 BBC News, Weather 1.30 News, Weather 1.45 Doctors 2.15 Justice 3.00 BBC News, Weather, Regional News 3.05 CBBC 5.15 Weakest Link 6.00 BBC News, Weather 6.30 Regional News Programmes, Weather 6.55 Party Political Broadcast (R)

TWO

6.00am CBeebies 7.00 CBBC 8.30 CBeebies 11.35 Meerkat Manor(R) 12.00noon Daily Politics 12.30pm GMT with George Alagiah 12.55 Diagnosis Munder (R) 1.40 To Buy or Not to Buy 2.25 Real Rescues (R) 2.55 Cash in the Celebrity Attic (R) 3.40 Flog It! (R) 4.25 Pointless 5.10 Escape to the Country (R) 5.55 Party Political Broadcast 6.00 Engheads 6.30 Great British Menu

5.30am ITV News 6.00 Daybreak 8.30 Lorraine 9.25 The Jeremy Kyle Show 10.30 This Marning 12.30pm Loose Women 1.30 ITV News 1.55 Regional News, Weather 2.00 60 Minute Makeover 3.00 The Alan Titrhmarsh Show 4.00 Midsomer Murders: Crime drama. (R) 5.00 Britain's Best Dish 6.00 Regional News, Weather 6.25 Party Election Broadcast 6.30 ITV News

6.00am The Treacle People (R) 6.10 Max Bear 6.25 The Hoobs (R) 7.15 Freshly Squeezed 7.40 Everybody Loves Raymond (R) 8.05 Frasier (R) 8.40 Friends(R) 9.10 Supernanny USA 10.00 Brothers & Sisters 10.55 A Place in the Surr. Home or Away (R) 12.00noon News 12.05pm The Quiller Memorandum: Espionage thriller. 2.05 Cookery School 3.10 Countdown 4.00 Deal or No Deal 5.00 Fem 6.00 The Simpsons (R) 6.30 Hollyoaks



6.00am Milkshake! 9.15 The Wright Stuff 11.05 The Blasters (R) 12.05pm Meals in Moments (R) 12.10 5 News Lunchtime 12.20 House (R) 1.15 Home and Away 1.45 Neighbours 2.15 The Vanessa Show 3.05 Chinese Food in Minutes 3.15 NYC: Tomado Terror: Disaster movie starring Nicole de Boer. 5.00 5 News at 5, Weather 5.30 Neighbours (R) 6.00 Home and Away (R) 6.25 OK! TV

7pm The Simpsons Homer is jealous thanks to an old classmate. (R)(HD)

7.30 The Simpsons Bart and Lisa visit Randall Curtis at his ranch. (R)

8.00 Rooftop Rainforest

The project comes to an end, as Dusty Gedge races to complete his artificial rainforest.

9.00 Beverly Hills Cop

Ace comedy thriller with Eddie Murphy as a cocky Detroit police detective investigating a friend's murder in Beverly Hills.

11.05 Rio Special Preview of the new animated

mavie. (R)(HD) 11.35 Fringe

Walter's wom'ed following the team's visit to Massive Dynamic.(R)(HD)

12.35am Brit Cops: Frontline Crime UK

Alpok at the work of police afficers in Devon.(R)

7.00 The One Show

7.30 EastEnders

Topical stories.

Masood's decision to cut corners has tragic consequences. Oh dear.

8.00 Holby City Medical misery.

9.00 Candy Cabs

Business gets off to a bad start for an all-female taxi firm. Think this one's for the ladies, chaps.

10.00 News, Weather

10.35 See You in Court

Docu charting 12 libel cases over the course of two years. May we draw your attention to ITV1? Thanks.

11.25 The World's Worst Place to Be Gay? Scott Mills travels to Uganda.

12.30am **Sign Zone**:

Fancy food for posh people. (R)

7.00 The Great Rift: Africa's Wild Heart

Alook at the waterways of the Great Rift Valley in East Africa. Coast set in Africa, basically. (R)

8.00 Lambing Live

A grime-filled journey through the histories of three major international cities. Urgh!

10.00 Later Live -

WISTER With Liam Gallagher's new band, Beady Eye and Nots laves, Elbow, Excellent stuff!

10.30 Newsnight

11.20 Perfume: The

Period drama (keep reading this one's actually alright!') about an 18th-century orphan with an uncanny sense of smell who

12.35am BBC News

Wool-related wittering.

9.00 Filthy Cities

with Jools Holland

Story of a Murderer

becomes a serial killer.

7.00 Emmerdale

More manure. Literally.

7.30 Grimefighters

An extreme clean-up team get a shock during a visit to an insectinfested property. Homble!

8.00 Countrywise

IIIW The team visit Dorset's Jurassic coastline. Nope, this is nothing to dowith Jurassic Park - it's way less interesting than that.

9.00 Smugglers

First of a two-part docu exposing the work of organised crime gangs.

10.00 ITV News, Weather

10.35 The Matrix

nuvilt's been on a million times before, so you know what this one's ut. But, if you've been living under a rock, Keanu Reeves Is a computer hacker who finds out he's destined to save humanity.

7.00 News

7.55 4thought.tv

8.00 Supersize vs Superskinny

A comfort eater trades places with an 18-year-old who has neglected her diet, then all hell breaks loose. Something like that, anyway.

9.00 Katie: My Beautiful Friends

Katle Piper tries to improve the confidence of a 21-year-old with a disfigured face and spine.

10.00 Campus

waster Ultra-oringey comedy about the staff at a rubbish University, Well worth a worth.

11.10 Pete Versus Life Jake reveals an intimate secret about his sex life to Pete. (R)

11.45 School of Comedy The teenage comics perform sketches including foul-mouthed

farmers and two peculiar opticians.

12.15am UK & Ireland

SECOL Action from Nottingham, where pros take on locals.

7.00 5 News at 7

7.30 Extraordinary Dogs A canine team of 15 that guards

livestock. With guns, or just teeth?

8.00 Tsunami: British Search & Rescue

The work of search and rescue teams in the aftermath of the tragedy.

9.00 CSI One of Grissom's farmer lavers is

suspected of murder.

10.00 CSI: Miami

A death row inmate is granted a stay of execution in the light of new evidence. Sweet! (R)

10.55 CSI: NY

A man is killed by an exploding cigar. That's one way to give up

smaking.(R) 11.55 CSI

Avolunteer disappears during a magic act. Piff, paff, poof! (R)

12.55am Super Casino

> 4.05 The FBI Files (R) 4.55 Rough

essica-Jane Clement Choose your download and text the KE Download your product, sit back and enjoy

1.30 Bang Goes the Winter Weather Special: A weather chamber. (R) 2.30 Who Does What?(R) 3.30 Life in a Cottage Garden with Carol Klein (R) 4.00-6.00am BBC News

4.00-6.00am BBC Learning Zone

1am The Zone 3.05 Crossing Jordan 3.50-5.30am ITV Nightscreen

1.15 Freesports 1.40 The Grid 2.05 Baxing Weekly 2.30 Sailing 2.55 Triathlon 3.50 Beach Volleyball (R) 4.45 Crunchtime (R) 5.10-6.10am Full Metal Challenge (R)

Guide to Beaches 5.10-5.35am Wildlife SOS

Nuts

6 APRIL WEDNESDAY



Chelsea vs Man Utd

SPORT ITV1, 7.30pm This is huge the 2008 Champions League finalists meet in the quarter-finals! We've no idea which way this first leg will go, but it's going to be fun finding out! ****



Hot Tub Time Machine

FILM Sky Movies Premiere/HD, 8pm Four pals are transported back to the '80s as their younger selves via a hot tub and do what any right-thinking person in the same situation would – party! $\star\star\star\star$



Sons Of Anarchy

DRAMA 5 USA, 10pm The families of SAMCRO are gathered up in the clubhouse for safety. Meanwhile, the Sons need lots of guns, and is Weston turning on his leader, Zobelle? ★★★★

one

6.00am Breakfast: Early news. 9.15 Neighbourhood Blues 10.00 11.30 Cash in the Attic(R) 12.15pm

TWO

6.00am CBeebles 7.00 CBBC 8.30 CBeebies 11.35 Meerkat Manor(R) 12.00noon Daily Politics 1pm See Hear 1.30 Coast (R) 1.40 To Buy or Not to Buy 2.25 Real Rescues (R) 2.55 Cash in the Celebrity Attic(R) 3.40 Flog It! (R) 4.25 Pointless 5.10 Escape to the Country 5.55 Party Election Broadcast 6.00 Eggheads 6.30 Great British Menu

5.30am ITV News 6.00 Daybreak: With Chris O'Dowd. 8.30 Lonaine 9.25 The Jeremy Kyle Show 10.30 This Morning 12.30pm Loose Women 1.30 ITV News 1.55 Regional News, Weather 2.00 60 Minute Makeover 3.00 The Alan Titchmarsh Show 4.00 Midsomer Murders (R) 5.00 Britain's Best Dish 6.00 Regional News, Weather 6.25 Party Election Broadcast 6.30 ITV News

6.10am Max Bear 6.25 The Hoobs (R) 7.15 Freshly Squeezed 7.40 Everybody Loves Raymond (R) 8.05 Frasier(R) 8.35 Friends (R) 9.05 Wife Swap USA(R) 10.00 Brothers & Sisters 10.55 Country House Rescue (R) 12.00moom Channel 4 News Summary 12.05pm [12] Galipoli: Australian First World War drama starring Mel Gibson. 2.10 Cookery School 3.10 Countdown 4.00 Deal or No Deal 5.00 Fern 6.00 The Simpsons (R) 6.30 Hollyoaks



6.00am Milkshake! 9.15 The Wright Stuff 11.05 Great Railway Adventures with Dan Cruickshank (R) 12.05pm The Family Recipe (R) 12.10 5 News Lunchtime 12.20 House (R) 1.15 Home and Away 1.45 Neighbours 2.15 The Vanessa Show 3.05 Meals in Moments (R) 3.15 The Hollywood Mom's Mystery: Comedy drama staming Justine Bateman. 5.00 5 News at 5, Weather 5.30 Neighbours (R) 6.00 Home and Away (R) 6.25 OK! TV

Homes Under the Hammer (R) 11.00 Britain's Empty Homes Bargain Hunt (R) 1.00 BBC News, Weather 1.30 Regional News, Weather 1.45 Doctors 2.15 Justice 3.00 BBC News, Weather, 3.05 CBBC 5.15 Weakest Link (R) 6.00 BBC News, Weather 6.30 Regional News Programmes, Weather 6.55 Party Election Broadcast (R)

7.00 The Great Rift:

The grasslands of East Africa. (R)

8.00 Lambing Live How raw wool is turned into

9.00 The Crimson

Petal and the White

tale by Michel Faber. Avoid.

10.00 Have I Got

Old News for You

10.30 Newsnight

With guest hast Bruce Forsyth. (R)

Adaptation of the Victorian-set

everyday products. Finally! We've been waiting to find out about this!

7.30 UEFA Champions League

7.00 Emmerdale

Straw-chewing nonsense.

MUST SEE Chelsea vs Man United, kick-off 7.45pm. You don't need us to tell you how big a match this is! It's the quarter final first-leg from Stamford Bridge, Come on!

10.00 ITV News, Weather

10.35 UEFA Champions

Action from the quarter final

first-leg matches, featuring Real Madrid vs Spurs, Chelsea vs Man

United, Barcelona vs Shakhtar

and Intervs Schalke, Excellent!

Two-part documentary exposing

smuggling at UK borders. The

11.35 Smugglers

12.30am The Zone

pesky scamps. (R)

League: Extra Time

7.00 News

7.55 4thought.tv The manager of an abattoir explains

halal slaughter. You might want to avoid BBC2 straight after this.

8.00 Vacation, Vacation, Vacation

8.30 Superscrimpers: Waste Not Want Not

How to avoid spending money for a whole week. Stay in bed?

9.00 Jamie's Dream School

Do-gooding with Jamie O'Liver. Sorry, Jamie Oliver.

10.00 The Model Agency

11.05 The Big Bang Theory

Geeky fun as Sheldon arranges his first-ever date. (R)

11.40 The Big C

12.15am Music on 4: Abbey Road Debuts

Mew bands perform at the Abbey Road Studios in London.

12.30 The Album Chart Show Spotlight

12.45 Mercury Prize Sessions (%)

7.30 Starlight: For the Children

7.00 5 News at 7

An ill 12-year-old girl from Birmingham meets Olly Murs.

8.00 Emergency Bikers A paramedic is attacked while he

tries to treat a teenager. (R)

9.00 NCIS

Temprists threaten to detonate a crude nuclear device.

10.00 Law & Order: Criminal Intent

A mayoral candidate's husband is suspected of murder. (R)

10.55 Law & Order: Special Victims Unit

The team reopen a 20-year old case. Must be a slow day. (R)

11.55 Poker: Aussie Millions

Action from the event at the Crown Casino in Melbourne. Rippa!

12.55am SuperCasino

7pm The Simpsons Mr Burns plans to make a coat out of Santa's Little Helper's puppies.(R)

7.30 The Simpsons Bart gets a credit card. (R)

8.00 A Different Breed

People whose lives are dedicated to dogs. (HD)

9.00 An Idiot Abroad

Terminally miserable Karl Pilkington arrives in India. Hilarious stuff. (R)(HD)

10.00 Fringe

A scientist's bones disintegrate. It kills him, in case you were wondering.(HD)

11.00 Martina Cole's The Runaway

Crime drama, starring Joanna Vanderham and Jack O'Connell (R)(HD)

12.00m't Night Cops Documentary. (R)(HD)

7pm Barcelona vs Shakhta Donetsk, Sky Sports 2. 7.30pm US Masters Golf, Sky Sports 1. 7.30pm (MUSTSE) Chelsea vs Man United, ITV1. 1am NBA Basketball: Miami Heat vs Milwaukee, ESPN. 3.30am NHL Ice Hockey, ESPN.

SPORT

1.45pm Racing, BBC2.6pm UEFA Europa League Football, ESPN. 7 pm US Masters Golf, Sky Sports 1. 7pm Darts, Sky Sports 2. 7.55pm Benfica vs PSV Eindhoven, Channel 5. 8pm UEFA Europa League Football, ESPN.

7.00 The One Show Africa's Wild Heart Tapical stories.

7.30 The Boat That Guy Built

Guy Martin shows off the renovated boat at a party. We bet he's really smug about it as well.

8.00 Waterloo Road

Finn manages to get Kyle kicked out of the pantomime cast. Oh no he doesn't! Oh yes he does!

9.00 MasterChef

The five remaining pan-jigglers, er, jiggle their pans.

10.00 News, Weather

10.35 The National Lottery Wednesday Night Draws

More fortunes are made.

10.45 Would I Lie to You?

Ace comedy panel show with guests Keeley Hawes, Stephen Mangan, Kevin Bridges and Brian Cox. (R)

11.15 Just Friends

HILL A music executive tries to undo his past as an overweight, uncool teenager by wooling the girl he

1.15 Country Tracks (R) 2.15 Natural

World (R) 3.15 Baking Made Easy (R)

3.45 Great British Railway Journeys

(R) 4.15-6.00am BBC News

12.45am **Sign Zone**: See Hear(R)

4.00-6.00am BBC Learning Zone

11.20 Golf: The Masters

The best maments from last

year's ball-smacking event at the

Augusta National in Georgia.

12.20am BBC News

2.35 Spartacus: Drama. (R) 4.05-5.30am ITV Nightscreen 1.00 Russian Standard Vodka Originals Presents (R) 1.10 The Frontier House (R) 2.05 Nausicaa of the Valley of the Wind 4.15-5.00am Ugly Betty (R)

4.05 The FBI Files (R) 4.55 Rough Guide to Cities (R) 5.10 Wildlife SOS (R) 5.35-6.00am House Doctor(R)

THURSDAY 7 APRIL

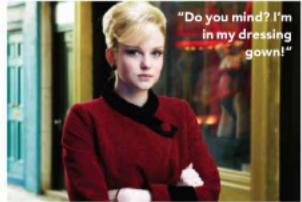


V Syfy/HD, 9pm

Erica discovers her colleague DRAMA Malik is a Visitor, and let's put it this way - things don't end well for Malik.

TWO

Lisa's body is changing, too. Nope, not new boobs, something more sinister! ★★★



Martina Cole's The Runaway sky1/HD, 9pm

violent and utterly compelling. ***

DRAMA It's 1967 and Cathy is put into a correctional facility. Grim,

a bit more lip

TODAY'S

MUST-SEE

TV PICKS!

The Game ITV4, 10.35pm

FILM Intriguing thriller with Michael Douglas as a bored investment banker who signs up to play a mysterious game that seems to involve everyone trying to kill him. That doesn't sound fun! ★★★

one

6.00am Breakfast 9.15 Neighbourhood Blues 10.00 Homes Under the Hammer (R) 11.00 Britain's Empty Homes 11.30 Cash in the Attic (R) 12.15pm Bargain Hunt 1.00 BBC News, Weather 1.30 Regional News, Weather 1.45 Doctors 2.15 Justice 3.00 BBC News, Weather, Regional News 3.05 CBBC 5.15 Weakest Link (R) 6.00 BBC News, Weather 6.30 News, Weather 6.55 Party Political Broadcast(R)

6.00am CBeebies 7.00 CBBC 8.30 CBeebies 11.35 Meerkat Manor(R) 12.00noon Daily Politics 12.30pm GMT with George Alagiah 1.00 Diagnosis Murder (R) 1.45 Racing from Aintree 4.30 Pointless 5.15 Escape to the Country (R) 5.55 Party Political Broadcast 6.00 Eggheads 6.30 Great British Menu

5.30am ITV News 6.00 Daybreak 8.30 Lorraine 9.25 The Jeremy Kyle Show 10.30 This Marning 12.30pm Loose Women 1.30 ITV News 1.55 Regional News, Weather 2.00 60 Minute Makeover 3.00 The Alan Titchmarsh Show 4.00 Midsomer Murders (R) 5.00 Britain's Best Dish 6.00 Regional News, Weather 6.25 Party Election Broadcast 6.30 ITV News

6.10am Max Bear 6.20 The Hooks (R) 7.15 Freshly Squeezed 7.40 Everybody Loves Raymond (R) 8.05 Frasier(R) 8.35 Friends(R) 9.05 Wife Swap USA (R) 10.00 Brothers & Sisters 10.55 The Restoration Man (R) 12.00noon Channel 4 News Summary 12.05pm River Cottage Bites (R) 12.15 TIME The Colditz Story: World War Two. 2.05 Cookery School 3.10 Countdown 4.00 Deal or No Deal 5.00 Fem 6.00 The Simpsons (R) 6.30 Hollyoaks

6.00am Milkshake! 9.15 The Wright Stuff 11.05 Great Railway Adventures with Dan Cruickshank (R) 12.05pm The Family Recipe (R) 12.10 5 News Lunditime 12.20 House (R) 1.15 Home and Away 1.45 Neighbours 2.15 The Vanessa Show 3.05 Chinese Food in Minutes (R) 3.15 TITE The Last Chance: Contemporary Western. 5.00 5 News at 5, Weather 5.30 Neighbours (R) 6.00 Home and Away (R) 6.30 OK! TV

7pm The Simpsons Lisa disquises herself as a nun to infiltrate a convent. (R)(HD)

7.30 The Simpsons Simon Cowell guest stars. (R)

8.00 Hawaii Five-0 The team's left baffled when highly skilled thieves steal an armoured car, but leave the money behind. (R)(HD)

7.00 The One Show

This show sometimes features a nude hairdresser. Unfortunately. it's a male nude hairdresser.

7.30 EastEnders

Zainab's unsure what to do following the accident. If you're equally unsure of what to do now, flick to Sky1!

8.00 Watchdog

The consumer rights show returns, to er, fight for our rights.

9.00 New Tricks

The squad reinvestigate the disappearance of an activist. (R)

10.00 News, Weather

10.35 Question Time Political pants.

11.35 This Week

12.25am Sign Zone: Finished at Fifty? -Panorama

The difficulties facing unemployed ale in their fifties. (R)

12.55 Countryfile Yomping yawns. (R)

7.00 David Attenborough's First Life

The oldie naturalist explores how evolution gained pace. (R)

8.00 Lambing Live

Breaking news from the lambing shed! Don't go making plans!

9.00 A History of Celtic Britain

Neil Oliver explores the origins of Britain and its people.

10.00 Rhod Gilbert's Work Experience

The comedian becomes a lord's butlerfortheday.

10.30 Newsnight

11.20 Filthy Cities

Agrime-filled journey through the histories of three major cities. (R)

12.20am BBC News

7.00 Emmerdale

Long-running soap about sheep.

7.30 The True Price of a Pint: Tonight

Programme trying to make out booze is evil. Spailsparts.

8.00 Emmerdale

Army tries to catch David's eye during a council event at the B&B, by shooting an arrow at him. Maybe.

8.30 Coronation Street

Nick and Gail try to bribe Kylie into leaving town. Kylle, take the money and run for the hills!

9.00 Monroe

The neurosurgeon has to operate on registrar Sally Fortune.

10.00 ITV News, Weather

10.35 Benidorm

The holiday-makers look forward to an '80s night. (R)

11.35 Celebrity

12.30am The Zone

7.00 News

7.55 4thought.tv

8.00 Three in a Bed

B&Bs in West Yorkshire, Somerset. and East Sussex.

9.00 Dad's Having a Baby: A Bodyshock Special

A transgender man prepares to give birth. So that's a woman who became a man, but kept some lady bits. So now that's a man having a baby. Confused? Us too.

10.00 10 O'Clock Live

11.05 Friday Night Dinner

Adam tries to celebrate his birthday, but the evening's soon ruined. (R)

11.35 The Ricky Gervais Show

Karl Pilkington gives his thoughts on insects. Brilliantly random.

12.05am Music on 4: 4Play: The Kills

12.25 On Track (R)

12.40 The Crush Music by Wretch 32 and Jay Sean. 7.00 5 News at 7

7.25 How Do They Do It?

The construction of passenger airliner the Airbus A320. (R)

7.55 UEFA Europa League Football

We British teams are left in the tournament, so Channel 5 have to go with Benfica vs PSV Eindhoven instead. Kick off 8.05pm.

9,00 Martina Cole's The Runaway

Cathy is put into a correctional facility at the mercy of an abusine headteacher.(HD)

10.00 House

Cuddy feels bad about ending things with House. (HD)

11.00 NCIS: Los Angeles

Sam resumes a former identity to trace the leader of a temprist group. (R)(HD)

12.00m't Night Cops Cops by torchlight. (R)(HD)

10.00 Dragon -The Bruce Lee Story

FLW Action biopic starring

Jason Scott Lee as martial arts superstar Bruce Lee.



12.25am Super Casino

4.05 FBI Files 4.55-5.10am Rough Guide to

1.55 Antiques Roadshow (R) 2.55 Rip Off Britain 3.25-6.00am News

4.00-6.00am BBC Learning Zone

2.35 British Touring Car Championship Highlights 3.50 The Jeremy Kyle Show (R) 4.45-5.30am ITV Nightscreen

1.35 Face of Britain (R) 2.30 Dispatches: Cashing in on Degrees (R) 3.20 Unreported World (R) 3.45 Hill Street Blues (R) 4.40 Ugly Betty (R) 5.25-6.10am Countdown (R)

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liot Aquamen in?

back to mine?

Irimethylaminuria is a metabolic disorder which causes the affected person's urine, breath and sweat to emit the strong odour of rotting fish.

Sacha Baron Cohen is set to star in the film version of the novel Zabibah And The King - which was written by Saddam Hussein.

Pittsburgh Pirates pitcher
Dock Ellis claims that, in 1970,
he pitched a no-hitter (no runs
were scored off his pitching)
while tripping on LSD.

At the 2011 Oscars, Best Supporting
Actress Melissa Leo became the
first person to use the F-word
in her acceptance speech.

The only place that serves alcohol in Disneyland - Club 33 - has a 14-year-long membership waiting list.

Aldgate tube station is built above one of London's biggest plague pits, where over 1,000 bodies were buried during the 1665 outbreak of bubonic plague.

A distressed octopus often escapes from danger by wrapping six of its legs around its head and disguising itself as a fallen coconut

In 2005, zookeepers at Port Lympne wild animal park in Kent had to learn French in order to communicate with baboons that had been transferred from a zoo in Paris.

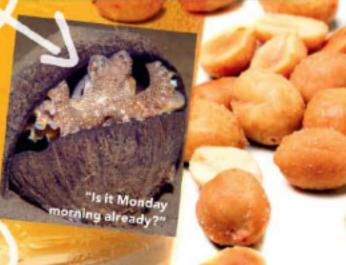
The bite of the Brazilian wandering spider has been found to cure impotence in rats.

PUB AMMO ON... SUCKER PUNCH





- Sucker Punch is director
 Zack Snyder's first film that isn't based on another book or film.
- Snyder claims this is his first action movie, which may surprise anybody who has seen 300 or Watchmen!
- Some of the hot actresses originally slated to appear in the movie – only for them to later drop out – include Amanda Seyfried, Emma Stone and Evan Rachel Wood.
- Sucker Punch is in cinemas nationwide from Friday 1 April.



WORDS: PETE CASHMORE, TOMIUS BARNARD PHOTOS: ALLSTAR, ALAMY, GETTY, WENN

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